



GROWN UP STUFF

we have carefully selected our yummy ingredients especially for your little ones.

Shh... don't tell them some of our dishes contain hidden veg and our Tomato Penne Pasta is packed full of tangy tomatoes.

. Any veg we serve is unseasoned; our tomato sauce is reduced in sugar; and all our kids' food is free from artificial colourings.

From our 100% cod bites to our farm-assured pork sausages, we source wisely, giving parents food they can trust.

Your kids can even swap out a side for a different one of their choice – a great way of getting them to dig in to their meal and

LOOK OUT FOR THE CARROT!

Come on down and join Shaun and his farmyard friends for a summer of fun

GRAZERS FOR THE FLOCK

GARLIC BREAD • Served with cucumber sticks.

ADD 99p CHICKEN MEATBALLS

Served with cucumber sticks and BBQ dip. 177 kcal

VEGGIE STICKS 🐠 🖡

Pepper, carrot and cucumber sticks served with a yoghurt & cucumber dip. 48 kcal

THE MAIN YARD



chips and beans.

tomato Penne Pasta 💿 Served with garlic

bread and veggie sticks.
359 kcal

CHICKEN BURGER alf a grilled chicken breast in a 50/50 white & wholemeal bun, with lettuce and mayo. Served with two mini jacket potatoes and beans.

SPAGHETTI BOLOGNESE Made with beef mince and

served with garlic bread and veggie sticks. 322 kcal

BANGERS AND MASH 3 pork sausages served with mash, peas and gravy. Veggie sausages available.

CHICKEN CURRY

Chicken, carrots and peas in a mild curry sauce with brown rice and veggie sticks.

COD BITES**

Responsibly sourced breaded cod bites, serve with chips and peas. 638 kcal

TOMATO PASTA & CHICKEN MEATBALLS Served with garlic bread and veggie sticks.
525 kcal

BEEF BURGER

4oz* beef burger in a 50/50 white and wholemeal bun served with chips and two mini corn on the cob. 732 kcal



HIDDEN



by netmums!

Our Fruit Shoot range

Fruit Shoot Apple & Blackcurrant £1.50 (Contains added vitamins)

Fruit Shoot Orange £1.50 (Contains added vitamins)

Fruit Shoot Juiced £1.70 Apple & Pear 100% naturally sourced ingredients. 50% juice and 50% water

Capri-Sun Orange £1.50

PURE FRUIT

Innocent Smoothies £1.85 Strawberries, Blackberries MADE WITH Fruit Shoot Hydro Apple & Raspberry

SLURP SLURP!

Ballygowan Water



80p

FREE TAP WATER FOR FAMILIES, JUST ASI (We'll even give you glasses!)





ADD £1.25

ROAST £3.99 DINNERS

torkshire pudding and all the trimmings.

CHICKEN or BEEF



Just ask if you'd like to swap your sides. Why not try one of Shaun and the flock's favourites?

Brown rice 192 kcal

Garlic bread 10 109 kcal Chips V 312 kcal

Mashed potato V 131 kcal

Two mini jacket potatoes V 155 kcal

VEGGIE BITS INSTEAD OF CHIPS

Baked beans V 751 kcal Veggie sticks V 26 kcal

Mini corn on the cob ▼ **79** kcal

Peas W 747 kcal Side salad V 7 kcal



FUNNY FACE SUNDAE

Create your own funny face with a strawberry lace, chocolate beans, marshmallows and a wafer cone hat.

MINI DOUGHNUTS

Mini doughnuts with chocolate sauce to dip them in and chocolate beans to pop on top! 218 kcal

MIXED FRUIT SALAD OF

Orange segments, pineapple, red and green apple and grapes. 49 kcal

PANCAKES V

Pancakes served with banana slices, strawberries and chocolate sauce. 219 kcal

YOGHURT V

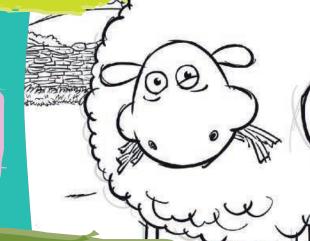
146 kcal

2 scoops of vanilla ice cream served with your choice of raspberry. chocolate or caramel sauce. 203 kcal ^



STRAWBERRY FROZEN

ICE CREAM V





Finished colouring in already? Ask a member of the team for more Shaun the Sheep colouring in sheets.

