

# Locations



## Doing business - the best way

**\*Terms and Conditions:** A minimum of 8 people are required to order the buffet. Buffet menu requires 48hrs notice. For parties of 30 or more please contact your local site to arrange menu pre orders.

The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. No optional additions to hot drinks have been included in the calories stated, except for where milk is added. The additional milk calories are based on semi-skimmed milk. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information.

(V) Suitable for vegetarians. (VE) Suitable for vegans. <sup>TM</sup> Registered Trademark © Registered Trademark. Reg. Trademark used in agreement with the Trademark owner. **Don't worry, we know there are allergens in our food and drinks which we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes.** Dish descriptions may not list every ingredient. All meat, fish and poultry dishes may contain small bones. Ingredients can occasionally be substituted or changed at short notice so please review the allergy information on the website at the time of your visit and ask your server when you arrive. All prices include VAT at current rate. We may occasionally sell out of some more popular dishes. We hope we served you up a great experience today. If you choose to leave a gratuity to thank your server, we want you to know that this goes straight to the person serving you today, in full. All images are for illustrative purposes only and all items are subject to availability. You are welcome to contact us. Write to: Whitbread Group PLC, PO Box 777, Dunstable, Bedfordshire, LU5 5XE. Telephone: 0333 234 145

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Available at 70 locations around the UK

Visit us online at  
[www.premiermeetings.co.uk](http://www.premiermeetings.co.uk)

When it's time to talk business, you'll find a warm welcome and professional atmosphere at Premier Inn.

Our flexible, serviced meeting spaces and mouth-watering choice of food and drinks are sure to make it a meeting they'll want to turn up to.



### Cater for all

We've got an excellent selection of food and drinks to choose from, so you can tailor your menu to suit your dietary requirements



### Value for money

We can take care of you on the day, so you don't have to worry about a thing



### Peace of mind

Thanks to our service and team expertise, we can guarantee that you'll have a stress-free experience whenever you book with us



### Business meetings

Our venues provide the perfect location to host your business meetings, training sessions and team get-togethers. Free Wi-Fi is available at all our venues too

# Buffet selection

To suit your needs, we offer a number of buffet options for breakfast, lunch & dessert

## Breakfast Baps - £3.99pp

- Bacon Bap (413 kcal)
- Sausage Bap (558 kcal)
- Fried Egg Bap (v) (440 kcal)
- **GARDEN GOURMET**<sup>®</sup> Sensational<sup>™</sup> Sausage Bap (v) (454 kcal)



# Unlimited tea and coffee

Because no meeting is truly complete without tea and coffee

Please see coffee & drinks card for more details.

# Lunch Buffet

## Working Lunch - £6.99pp

- Sandwiches:
  - Chicken & Mayo (91 kcal per triangle)
  - Cheese & Tomato (v) (84 kcal per triangle)
  - BLT (91 kcal per triangle)
  - Egg Mayo (v) (74 kcal per triangle)
  - Ham & Tomato (75 kcal per triangle)
- Sausage Rolls (254 kcal each)
- House Salad (v/VE) (22 kcal per portion)
- Assorted Crisps
  - Sea Salt & Vinegar (209 kcal per 40g)
  - Chorizo (210 kcal per 40g)
  - Beef (211 kcal per 40g)
  - Cheddar & Onion (213 kcal per 40g)
  - Sweet Chilli (208 kcal per 40g)
  - Salted (213 kcal per 40g)
- Fresh Fruit Selection (v)
- Brownie (v) (261 kcal per brownie)
- Lemon Drizzle Cake (v) (151 kcal per cake)
- Chocolate Torte (v/VE) (145 kcal per torte)

## Premium Working Lunch - £9.99pp

- Sandwiches:
  - Chicken & Mayo (91 kcal per triangle)
  - Cheese & Tomato (v) (84 kcal per triangle)
  - BLT (91 kcal per triangle)
  - Egg Mayo (v) (74 kcal per triangle)
  - Ham & Tomato (75 kcal per triangle)
- House Salad (v/VE) (22 kcal per portion)
- Sausage Rolls (254 kcal each)
- Skin on Chips (v/VE) (181 kcal per 100g portion)
- Chicken Wings (146 kcal per 2 wings)
- Assorted Crisps
  - Sea Salt & Vinegar (209 kcal per 40g)
  - Chorizo (210 kcal per 40g)
  - Beef (211 kcal per 40g)
  - Cheddar & Onion (213 kcal per 40g)
  - Sweet Chilli (208 kcal per 40g)
  - Salted (213 kcal per 40g)
- Cauliflower Wings (v/VE) (130 kcal per 2 wings)
- Vegan Tart (v/VE) (150 kcal per piece)
- Fresh Fruit Selection (v)
- Brownie (v) (261 kcal per brownie)
- Lemon Drizzle Cake (v) (151 kcal per cake)
- Chocolate Torte (v/VE) (145 kcal per torte)

## Premium Working Lunch with Pizza - £12.99pp

- Pizzas:
  - Your choice of two pizzas from:
    - Margherita (v) (120 kcal per slice)
    - Veggie (v) (131 kcal per slice)
    - Pepperoni (152 kcal per slice)
    - Hawaiian BBQ (153 kcal per slice)
- Sausage Rolls (254 kcal each)
- Skin on Chips (v/VE) (181 kcal per 100g portion)
- Chicken Wings (146 kcal per 2 wings)
- Vegan Tart (v/VE) (150 kcal per slice)
- Cauliflower Wings (v/VE) (130 kcal per 2 wings)
- House Salad (v/VE) (22 kcal)
- Assorted Crisps
  - Salt & Vinegar (209 kcal per 40g)
  - Chorizo (210 kcal per 40g)
  - Beef (211 kcal per 40g)
  - Cheddar & Onion (213 kcal per 40g)
  - Sweet Chilli (208 kcal per 40g)
  - Salted (213 kcal per 40g)
- Fresh Fruit Selection (v)
- Brownie (v) (261 kcal per brownie)
- Lemon Drizzle Cake (v) (151 kcal per cake)
- Chocolate Torte (v/VE) (145 kcal per torte)

Adults need around 2,000 kcal a day