

Allergy and dietary information

Our allergy information guide is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

Our allergen information covers the following major allergens: Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts) and products thereof.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas and deep fat fryers. If you would like further information on our cooking methods, don't be afraid to ask! **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

KEY FOR ALLERGY INFORMATION GUIDE



Suitable for ovo-lacto vegetarians



Suitable for ovo-lacto vegetarians/ vegans

Daytime Menu



Mains - Pizza

,		ı			lay Contain: Mustard			
Portion:		Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Sal
i ortion.	433	3 kJ / 1028 kcal	26.8 g	15.9 g	142.9 g	6.7 g	50.8 g	6.22
Add Red	d Chill	i - VE V						
Contains	: No ma	jor allergens	<u> </u>	M	lay Contain: No majo	r allergens	•	
Per Port	tion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Sal
		3 kJ / 1 kcal	0.0 g	0.0 g	0.1 g	0.1 g	0.1 g	0.00
Add Tor	nato -	VE V						
Contains	: No ma	jor allergens		M	lay Contain: No majo	r allergens		
Per Port	tion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Sal
1 01 1 011		43 kJ / 10 kcal	0.1 g	0.0 g	1.8 g	1.8 g	0.3 g	0.00
Add Red	d Pepp	oer - VE V						
Contains	: No ma	jor allergens		IV.	lay Contain: No majo	r allergens	ı	
Per Port	tion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Sal
1011011	tion.	22 kJ / 5 kcal	0.0 g	0.0 g	0.9 g	0.8 g	0.2 g	0.00
Add Red	d Onio	n - VE V						
Contains:	: No ma	jor allergens			lay Contain: No majo	r allergens		
Per Port	tion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Sal
1 01 1 011		35 kJ / 8 kcal	0.0 g	0.0 g	1.6 g	1.2 g	0.2 g	0.00
1								
Add Bad	con							
		jor allergens	,	N	lay Contain: No majo	r allergens		
Contains	: No ma		Fat	N Saturates	lay Contain: No majo	r allergens Sugars	Protein	Sal
	: No ma	jor allergens	Fat 3.3 g				Protein 5.4 g	Sal : 0.80
Contains	: No ma tion:	jor allergens Energy 219 kJ / 52 kcal		Saturates	Carbohydrates	Sugars		
Per Port	tion:	jor allergens Energy 219 kJ / 52 kcal		Saturates 1.1 g	Carbohydrates	Sugars 0.0 g		
Per Port Add Pin Contains:	tion:	ijor allergens Energy 219 kJ / 52 kcal		Saturates 1.1 g	Carbohydrates 0.2 g	Sugars 0.0 g		0.80
Per Port	tion:	ijor allergens Energy 219 kJ / 52 kcal e - VE V ijor allergens	3.3 g	Saturates 1.1 g	Carbohydrates 0.2 g	Sugars 0.0 g	5.4 g	
Per Port Add Pin Contains: Per Port	: No ma tion: — eapple : No ma tion: —	Energy 219 kJ / 52 kcal e - VE V jor allergens Energy	3.3 g Fat 0.0 g	Saturates 1.1 g N Saturates	Carbohydrates 0.2 g lay Contain: No majo Carbohydrates	Sugars 0.0 g or allergens Sugars	5.4 g	0.80
Per Port Add Pin Contains: Per Port Add Frie	: No ma	Energy 219 kJ / 52 kcal e - VE V jor allergens Energy 99 kJ / 24 kcal	3.3 g Fat 0.0 g	Saturates 1.1 g N Saturates 0.0 g	Carbohydrates 0.2 g lay Contain: No majo Carbohydrates	Sugars 0.0 g or allergens Sugars 5.5 g	5.4 g	0.80
Per Port Add Pin Contains: Per Port Add Frie Contains:	eapple: No ma	ijor allergens Energy 219 kJ / 52 kcal e - VE V ijor allergens Energy 99 kJ / 24 kcal shroom - VE V	3.3 g Fat 0.0 g	Saturates 1.1 g N Saturates 0.0 g	Carbohydrates 0.2 g lay Contain: No majo Carbohydrates 6.0 g	Sugars 0.0 g or allergens Sugars 5.5 g	5.4 g	0.80
Per Port Add Pin Contains: Per Port Add Frie	eapple: No ma	ijor allergens Energy 219 kJ / 52 kcal e - VE V ijor allergens Energy 99 kJ / 24 kcal shroom - VE V ijor allergens	3.3 g Fat 0.0 g	Saturates 1.1 g M Saturates 0.0 g	Carbohydrates 0.2 g lay Contain: No majo Carbohydrates 6.0 g	Sugars 0.0 g or allergens Sugars 5.5 g	5.4 g Protein 0.4 g	0.80 Salt
Per Port Add Pin Contains: Per Port Add Frie Contains:	eapple: No ma	Energy 219 kJ / 52 kcal 2 - VE V ijor allergens Energy 99 kJ / 24 kcal shroom - VE V ijor allergens Energy	3.3 g Fat 0.0 g	Saturates 1.1 g N Saturates 0.0 g N Saturates	Carbohydrates 0.2 g lay Contain: No majo Carbohydrates 6.0 g lay Contain: No majo Carbohydrates	Sugars 0.0 g r allergens Sugars 5.5 g r allergens Sugars	Protein 0.4 g Protein	0.80 Sali 0.00
Per Port Add Pin Contains: Per Port Add Frie Contains: Per Port Add Sau	tion:	Energy 219 kJ / 52 kcal 2 - VE V ijor allergens Energy 99 kJ / 24 kcal shroom - VE V ijor allergens Energy	3.3 g Fat 0.0 g Fat 2.1 g	Saturates 1.1 g N Saturates 0.0 g N Saturates 0.2 g	Carbohydrates 0.2 g lay Contain: No majo Carbohydrates 6.0 g lay Contain: No majo Carbohydrates	Sugars 0.0 g r allergens Sugars 5.5 g r allergens Sugars 0.1 g	Protein 0.4 g Protein	0.80 Salt 0.00
Per Port Add Pin Contains: Per Port Add Frie Contains: Per Port Add Sau	eapple: No ma	Energy 219 kJ / 52 kcal e - VE V jor allergens Energy 99 kJ / 24 kcal shroom - VE V jor allergens Energy 95 kJ / 23 kcal	3.3 g Fat 0.0 g Fat 2.1 g	Saturates 1.1 g N Saturates 0.0 g N Saturates 0.2 g	Carbohydrates 0.2 g lay Contain: No majo Carbohydrates 6.0 g lay Contain: No majo Carbohydrates 0.1 g	Sugars 0.0 g r allergens Sugars 5.5 g r allergens Sugars 0.1 g	Protein 0.4 g Protein	0.80 Salt 0.00

Add 3 Chicken Goujons

Contains: Cereals containing Gluten (Wheat)

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
1 Ci i Ordon.	801 kJ / 191 kcal	10.3 g	1.2 g	13.0 g	0.5 g	11.5 g	0.76 g

Mains - Classics

RIGATONI BOLOGNESE

Contains: Celer	y, Sulphite		May Contain: No major allergens				
Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
rei roition.	3208 kJ / 762 kcal	26.4 g	9.5 g	98.1 g	11.9 g	29.5 g	3.34 g

TOMATO AND ROCKET LINGUINE - VE V Contains: Cereals containing Gluten (Wheat)

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	1438 kJ / 342 kcal	10.5 g	1.0 g	49.7 g	7.9 g	10.2 g	1.66 g

Main Menu



Starters

5 BBQ CHICKEN WINGS

Contains: Cereals containing Gluten (Barley, Wheat), Celery,

May Contain: No major allergens

Soya

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
T et l'Ortion.	1543 kJ / 369 kcal	18.8 g	4.4 g	12.0 g	7.9 g	37.5 g	2.29 g

5 KOREAN CHILLI CHICKEN WINGS

Contains: Cereals containing Gluten (Wheat), Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i ordon.	1570 kJ / 376 kcal	19.0 g	4.4 g	13.5 g	9.7 g	37.4 g	2.17 g

CHEESY POTATO DIPPERS

Contains: Milk

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt	
i ei i ordon.	1916 kJ / 459 kcal	27.5 g	11.4 g	34.4 g	2.1 g	18.3 g	1.50 g	l

CLASSIC PRAWN COCKTAIL WITH BREAD AND BUTTER

Contains: Cereals containing Gluten (Barley, Wheat), Crustaceans, Egg, Milk, Mustard, Soya

May Contain: Other Cereals containing (Oats, Rye), Sulphite

Per Por	ion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
1 61 1 01		1734 kJ / 417 kcal	28.1 g	7.1 g	25.1 g	8.2 g	16.6 g	3.07 g

CRISPY CHICKEN GOUJONS WITHOUT SAUCE

Contains: Cereals containing Gluten (Wheat)

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt	
i ei i ordon.	1618 kJ / 387 kcal	20.9 g	2.5 g	26.2 g	1.1 g	23.2 g	1.53 g	l

Add BBQ Sauce 30g - VE V



Contains: Cereals containing Gluten (Barley, Wheat), Celery, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	166 kJ / 39 kcal	0.0 g	0.0 g	9.3 g	7.8 g	0.3 g	0.90 g

Add Korean Chilli Mayo 30g - V



Contains: Cereals containing Gluten (Wheat), Egg,

Mustard, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
T CI T OI LIOII.	528 kJ / 128 kcal	12.1 g	0.9 g	4.7 g	3.6 g	0.1 g	0.36 g

FALAFEL WITH DIP - V

Contains: Cereals containing Gluten (Barley), Milk

May Contain: Sulphite

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
r er r ordon.	1640 kJ / 393 kcal	21.3 g	3.3 g	33.2 g	7.5 g	12.3 g	1.23 g

GARLIC AND HERB MUSHROOMS WITH BBQ SAUCE

Contains: Cereals containing Gluten (Barley, Wheat), Celery,

Egg, Milk, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
rei Foltion.	1308 kJ / 311 kcal	11.8 g	1.4 g	42.7 g	9.7 g	8.3 g	2.34 g

GARLIC FLATBREAD - VE V

Contains: Cereals containing Gluten (Wheat)

May Contain: Milk, Mustard, Sesame, Soya

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ci i citioni.	1575 kJ / 375 kcal	13.4 g	4.1 g	53.6 g	4.3 g	9.9 g	2.39 g

LOADED NACHOS - V

Contains: Milk, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i oitioii.	1924 kJ / 460 kcal	23.6 g	8.6 g	50.6 g	6.9 g	9.2 g	1.62 g

ONION BHAJI WITH DIP - V

Contains: Cereals containing Gluten (Wheat), Milk

		_	_
Mav	Contain:	Eaa.	Sesame

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	1035 kJ / 248 kcal	13.2 g	5.4 g	24.7 g	6.3 g	5.9 g	1.03 g

SHARING PLATTER WITH DIPS

Contains: Cereals containing Gluten (Barley, Wheat), Celery, Egg, Milk, Mustard, Soya

May Contain: Sesame

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
rei Foldon.	3029 kJ / 724 kcal	36.4 g	7.7 g	79.5 g	11.6 g	18.7 g	3.21 g

TOMATO FLATBREAD BRUSCHETTA - VE)

Contains: Cereals containing Gluten (Wheat)

May Contain: Milk, Mustard, Sesame, Soya

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt	
i ei i ortion.	1150 kJ / 275 kcal	14.1 g	3.2 g	30.5 g	5.5 g	5.8 g	2.20 g	l

TOMATO SOUP WITH CROUTONS - V

Contains: Cereals containing Gluten (Wheat)

May Contain: Milk, Sesame, Soya, Tree Nuts (Almond, Brazil, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut)

					,	,	
Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
	667 kJ / 159 kcal	6.4 g	0.5 g	20.5 g	11.1 g	3.3 g	1.65 g

Mains - Salads

HOUSE SALAD WITH DRESSING - V

Contains: Cereals containing Gluten (Wheat), Mustard

May Contain: Milk, Sesame, Soya, Tree Nuts (Almond, Brazil, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut)

В	er Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
rei Foltion.	824 kJ / 197 kcal	7.0 g	0.7 g	25.0 g	12.3 g	5.4 g	0.85 g	

Mains - Pizza

CREATE YOUR OWN PIZZA BASE - V

Contains: Cereals containing Gluten (Wheat), Milk

May	Contain:	Mustard.	COVO
iviav	CUIILAIII.	wustaru.	SUVa

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i oitioii.	4333 kJ / 1028 kcal	26.8 g	15.9 g	142.9 g	6.7 g	50.8 g	6.22 g

Add Red Chilli - VE V

Contains: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
1 Ci i Oition.	3 kJ / 1 kcal	0.0 g	0.0 g	0.1 g	0.1 g	0.1 g	0.00 g



Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	43 kJ / 10 kcal	0.1 g	0.0 g	1.8 g	1.8 g	0.3 g	0.00 g

Add Red Pepper - VE V

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Per Portion:	22 kJ / 5 kcal	0.0 g	0.0 g	0.9 g	0.8 g	0.2 g	0.00 g

Add Red Onion - VE V

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy Fat Saturates	Carbohydrates	Sugars	Protein	Salt		
Terrordon.	35 kJ / 8 kcal	0.0 g	0.0 g	1.6 g	1.2 g	0.2 g	0.00 g

Add Bacon

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	219 kJ / 52 kcal	3.3 g	1.1 g	0.2 g	0.0 g	5.4 g	0.80 g

Add Chicken Breast

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
l el i ordon.	330 kJ / 78 kcal	1.2 g	0.3 g	0.1 g	0.2 g	16.5 g	0.56 g

Add Pineapple - VE V

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy Fat Saturates Carbohydrates	Carbohydrates	Sugars	Protein	Salt		
l el l'ortion.	99 kJ / 24 kcal	0.0 g	0.0 g	6.0 g	5.5 g	0.4 g	0.00 g

Add Fried Mushroom - VE Contains: No major allergens





May Contain: No major allergens

	•			·			
Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	95 kJ / 23 kcal	2.1 g	0.2 g	0.1 g	0.1 g	0.5 g	0.00 q

Add Sausage

Contains: Cereals containing Gluten (Wheat), Sulphite

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Per Portion:	476 kJ / 114 kcal	7.4 g	2.6 g	2.9 g	0.6 g	8.7 g	0.54 g

Add BBQ Sauce 30g - VE V



Contains: Cereals containing Gluten (Barley, Wheat), Celery, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	166 kJ / 39 kcal	0.0 g	0.0 g	9.3 g	7.8 g	0.3 g	0.90 g

Add Nacho Cheese Sauce 30g - V



Contains: Milk, Soya

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
rei roition.	145 kJ / 35 kcal	1.9 g	1.1 g	3.0 g	1.0 g	1.5 g	0.39 g

Mains - Grills

80Z SIRLOIN WITH TOMATO, MUSHROOM AND PEAS

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i ordon.	2489 kJ / 597 kcal	36.0 g	13.6 g	10.0 g	3.0 g	55.7 g	1.45 g

Add Skin-on Chips 175g - VE

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
l el l'ortion.	1158 kJ / 276 kcal	12.2 g	0.9 g	36.4 g	1.3 g	3.7 g	0.97 g

Add Chopped Salad Side - VE V

Contains: Mustard May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	181 kJ / 43 kcal	1.3 g	0.1 g	5.8 g	3.0 g	1.2 g	0.15 g

MIXED GRILL WITHOUT CHIPS

Contains: Cereals containing Gluten (Barley, Wheat), Egg,

May Contain: Mustard, Soya

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i ordon.	4859 kJ / 1164 kcal	69.5 q	22.9 g	27.3 g	5.8 q	104.3 g	3.65 q

Add Skin-on Chips 175g - VE



Contains: No major allergens May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	1158 kJ / 276 kcal	12.2 g	0.9 g	36.4 g	1.3 g	3.7 g	0.97 g

Add Chopped Salad Side - VE V





May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	181 kJ / 43 kcal	1.3 g	0.1 g	5.8 g	3.0 g	1.2 g	0.15 g

Mains - Burgers

Contains: Mustard

BIG STACK BURGER WITH CHIPS WITHOUT BUN

Contains: Egg, Milk, Mustard

May Contain: Sulphite

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
l el l'oltion.	4830 kJ / 1161 kcal	82.9 g	25.0 g	48.8 g	11.3 g	53.3 g	5.56 g

CHEESE & BACON BURGER WITH CHIPS WITHOUT BUN

Contains: Egg, Milk, Mustard

Soya

May Contain: Sulphite

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	3651 kJ / 877 kcal	60.6 g	14.9 g	46.0 g	8.8 g	35.4 g	4.21 g

GRILLED SPICY CHICKEN BURGER WITH CHIPS WITHOUT BUN

Contains: Cereals containing Gluten (Wheat), Egg, Mustard,

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
T el T Ortion.	2793 kJ / 667 kcal	35.9 g	3.0 g	46.4 g	9.0 g	37.5 g	2.54 g

SPICY CHICKEN BURGER WITH CHIPS WITHOUT BUN

Contains: Cereals containing Gluten (Wheat), Egg, Mustard, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
rei Foltion.	3750 kJ / 898 kcal	54.3 g	4.9 g	72.5 g	9.6 g	27.8 g	2.96 g

THE VEGAN BURGER WITH CHIPS WITHOUT BUN - VE

Contains: Cereals containing Gluten (Barley, Wheat), Celery, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ci i cition.	2676 kJ / 639 kcal	29.6 g	12.1 g	65.9 g	19.8 g	22.6 g	4.74 g

Add bun or salad

Add Vegan Burger Bun - VE V



Contains: Cereals containing Gluten (Wheat), Soya

May Contain: Sesame

Per Portion:		Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Per Portion:	886 kJ / 212 kcal	5.2 g	0.7 g	33.7 g	7.1 g	6.3 g	0.78 g

Add Chopped Salad Side - VE V



Contains: Mustard May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	181 kJ / 43 kcal	1.3 g	0.1 g	5.8 g	3.0 g	1.2 g	0.15 g

Mains - Classics

BEEF AND ALE PIE WITH CHIPS

Contains: Cereals containing Gluten (Barley, Wheat), Egg, Milk

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
T el l'Oltion.	4002 kJ / 955 kcal	43.9 g	12.9 g	109.1 g	8.3 g	27.0 g	3.28 g

BEER-BATTERED FISH & CHIPS

Contains: Cereals containing Gluten (Barley, Wheat), Egg, Fish,

Mustard

May Contain: Milk, Soya

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	4756 kJ / 1135 kcal	53.5 g	11.2 g	112.9 g	9.4 g	48.0 g	4.66 g

Add Peas - VE V

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
r er r ordon.	225 kJ / 54 kcal	0.8 g	0.3 g	6.3 g	1.3 g	3.9 g	0.00 g

Add Mushy Peas - VE V

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
1 Ci i Ortion.	322 kJ / 76 kcal	0.5 g	0.1 g	12.6 g	1.3 g	4.1 g	0.79 g

CHICKEN KATSU CURRY WITH RICE

Contains: Cereals containing Gluten (Wheat), Mustard, Soya

May Contain: No major allergens

	3 (,,,	,-	,	,		
Per Portion:	Energy	Fat	Saturates	ates Carbohydrates Sugars Protein	Salt		
rei Foltion.	3062 kJ / 730 kcal	29.7 g	4.7 g	85.7 g	3.9 g	28.6 g	2.33 g

CHICKEN MAKHANI CURRY WITH RICE AND POPPADOM

Contains: Milk

May Contain: Other Cereals containing (Wheat)

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
T CI T CITION.	2830 kJ / 673 kcal	20.1 g	6.5 g	88.0 g	25.2 g	33.2 g	3.51 g

CHIPOTLE CHILLI AND RICE WITH TORTILLA CHIPS

Contains: Celery, Milk, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
l el l'ortion.	2691 kJ / 641 kcal	21.2 g	6.8 g	87.6 g	7.4 g	21.4 g	1.61 g

CLASSIC BEEF LASAGNE WITH SALAD AND FLATBREAD

Contains: Cereals containing Gluten (Wheat), Egg, Milk,

May Contain: Sesame, Soya

Mustard

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i ordon.	3462 kJ / 824 kcal	28.9 g	11.8 g	100.7 g	21.8 g	37.6 g	5.34 g

CREAMY CHICKEN AND HAM PIE WITH CHIPS AND PEAS

Contains: Cereals containing Gluten (Oats, Wheat), Egg, Milk,

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
r er r ordon.	4409 kJ / 1054 kcal	54.9 g	18.2 g	102.8 g	6.8 g	33.1 g	3.23 g

RIGATONI BOLOGNESE WITH FLATBREAD

Contains: Cereals containing Gluten (Wheat), Celery, Sulphite

May Contain: Milk, Mustard, Sesame, Soya

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	3892 kJ / 924 kcal	30.4 g	10.8 g	124.8 g	14.0 g	34.4 g	4.46 g

SMOTHERED CHICKEN WITH CHIPS

Contains: Cereals containing Gluten (Barley, Wheat), Celery, Egg, Milk, Mustard, Soya

May Contain: Sesame

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i ordon.	4525 kJ / 1077 kcal	44.6 g	11.2 g	104.9 g	17.9 g	61.9 g	6.82 g

TOMATO & CHILLI LINGUINE - VE V Contains: Cereals containing Gluten (Wheat)

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
1 cr r ordon.	1508 kJ / 358 kcal	10.8 g	1.1 g	51.8 g	10.1 g	11.1 g	1.66 g

VEGAN THAI GREEN CURRY WITH RICE - VE



Contains: Cereals containing Gluten (Wheat), Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i ortion.	2839 kJ / 677 kcal	30.6 g	20.6 g	85.4 g	10.4 g	13.5 g	1.71 g

Sides

BEER-BATTERED ONION RINGS

Contains: Cereals containing Gluten (Barley, Wheat)

May Contain: Mustard, Soya

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
r er r ordon.	1742 kJ / 416 kcal	19.3 g	1.8 g	53.5 g	5.5 g	5.1 g	1.04 g

CHIPOTLE BEEF CHILLI LOADED CHIPS

Contains: Celery, Milk, Soya

May Contain: No major allergens

				•	•		
Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
l el l'ortion.	1657 kJ / 395 kcal	19.5 g	4.8 g	43.9 g	4.4 g	9.2 g	1.67 g

CHIPOTLE BEEF CHILLI LOADED CHIPS SHARER (Serves 2, per portion)

Contains: Celery, Milk, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ci i citicii.	1657 kJ / 395 kcal	19.5 g	4.8 g	43.9 g	4.4 g	9.2 g	1.67 g

CHOPPED SALAD SIDE - VE V





Contains: Mustard May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i oition.	181 kJ / 43 kcal	1.3 g	0.1 g	5.8 g	3.0 g	1.2 g	0.15 g

COLESLAW - V

Contains: Egg, Mustard

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	1181 kJ / 286 kcal	27.2 g	2.0 g	9.1 g	4.7 g	1.2 g	0.29 g

KATSU CHICKEN LOADED CHIPS

Contains: Cereals containing Gluten (Wheat), Mustard, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i ordon.	1972 kJ / 471 kcal	24.1 g	3.3 g	50.6 g	4.3 g	10.6 g	2.15 g

KATSU CHICKEN LOADED CHIPS SHARER (Serves 2, per portion)

Contains: Cereals containing Gluten (Wheat), Mustard, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	1971 kJ / 471 kcal	24.1 g	3.3 g	50.6 g	4.3 g	10.6 g	2.15 g

SKIN-ON CHIPS - VE V



Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i oition.	1158 kJ / 276 kcal	12.2 g	0.9 g	36.4 g	1.3 g	3.7 g	0.97 g

Desserts

APPLE CRUMBLE TART WITH CUSTARD - V



Contains: Cereals containing Gluten (Oats, Wheat), Milk

May Contain: Egg, Soya, Tree Nuts (Almond, Brazil, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut)

				mazemat, macadami	u, i ccuii, i istat	cino, wainay	
Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i oition.	2560 kJ / 610 kcal	24.8 g	8.6 g	85.3 g	41.6 g	8.2 g	0.55 g

BANOFFEE CHEESECAKE WITH VANILLA DAIRY ICE CREAM - V



Contains: Egg, Milk

May Contain: Tree Nuts (Almond, Brazil, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut)

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i ortion.	2411 kJ / 572 kcal	16.5 g	9.1 g	92.8 g	71.3 g	12.6 g	0.74 g

BELGIAN CHOCOLATE CHEESECAKE WITH VANILLA DAIRY ICE CREAM - V



Contains: Cereals containing Gluten (Wheat), Milk, Soya

May Contain: Egg, Tree Nuts (Almond, Brazil, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut)

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i oition.	1930 kJ / 463 kcal	30.6 g	20.4 g	42.5 g	31.1 g	3.4 g	0.46 g

BERRY PANCAKE STACK WITH VANILLA DAIRY ICE CREAM - V

Contains: Cereals containing Gluten (Wheat), Egg, Milk

May Contain: Tree Nuts (Almond, Cashew, Hazelnut, Macadamia, Pecan, Pistachio)

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i oition.	1600 kJ / 374 kcal	13.3 g	7.2 g	52.9 g	15.8 g	11.0 g	1.60 g

ETON MESS - V

Contains: Egg, Milk

May Contain: Tree Nuts (Almond, Cashew, Hazelnut, Macadamia, Pecan, Pistachio)

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i oition.	1294 kJ / 310 kcal	17.4 g	12.0 g	33.9 g	32.4 g	3.6 g	0.18 g

FRUIT SALAD - VE V



Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	470 kJ / 111 kcal	0.3 g	0.1 g	25.8 g	22.0 g	1.2 g	0.02 g

ICE CREAM SUNDAE WITH CADBURY DAIRY MILK CARAMEL NIBBLES - V

Contains: Milk, Soya

May Contain: Tree Nuts (Almond, Cashew, Hazelnut, Macadamia, Pecan, Pistachio)

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	2086 kJ / 498 kcal	23.7 g	15.4 g	65.2 g	53.9 g	5.5 g	0.25 g

STICKY TOFFEE PUDDING - V

Contains: Cereals containing Gluten (Wheat), Egg, Milk

May Contain: Soya, Tree Nuts (Almond, Brazil, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut)

				,	, ,	-, -, -,	
Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
r er r ordon.	2192 kJ / 524 kcal	15.3 g	7.0 g	91.6 g	55.9 g	7.0 g	0.76 g

Add Custard - V



Contains: Milk

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	323 kJ / 77 kcal	2.2 g	1.1 g	12.0 g	9.6 g	1.8 g	0.08 g

Add 1 Scoop of Vanilla Ice Cream -



Contains: Milk

May Contain: Tree Nuts (Almond, Cashew, Hazelnut, Macadamia, Pecan, Pistachio)

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	310 kJ / 74 kcal	3.6 g	2.4 g	9.4 g	8.1 g	1.0 g	0.05 g

TRIPLE CHOCOLATE BROWNIE WITH VANILLA DAIRY ICE CREAM -

Contains: Cereals containing Gluten (Wheat), Egg, Milk, Soya

May Contain: Peanut, Tree Nuts (Almond, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut)

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	2528 kJ / 604 kcal	30.3 g	16.4 g	72.7 g	56.5 g	8.9 g	1.12 g

VEGAN BELGIAN CHOCOLATE CHEESECAKE -



Contains: Cereals containing Gluten (Wheat), Soya

May Contain: Egg, Milk, Tree Nuts (Almond, Brazil, Cashew,

				riazeiriut, macauairii	a, recail, ristat	Jilio, Walliutj	
Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i oition.	1620 kJ / 389 kcal	27.0 g	18.0 g	33.0 g	23.0 g	2.4 g	0.41 g

Kids - Starters

KIDS GARLIC FLATBREAD - VE V

Contains: Cereals containing Gluten (Wheat)

May Contain: Milk, Mustard, Sesame, Soya

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	663 kJ / 157 kcal	3.4 g	1.1 g	26.7 g	2.1 g	4.9 g	1.10 g

KIDS TORTILLA CHIPS WITH DIPS - V

Contains: Milk

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
l el l'ortion.	758 kJ / 181 kcal	8.4 g	2.3 g	21.8 g	2.6 g	3.4 g	0.18 g

KIDS VEGAN TORTILLA CHIPS WITH TOMATO - VE V

Contains: No major allergens

May	Contain:	No ma	jor alle	ergens
-----	----------	-------	----------	--------

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
l el l'ortion.	623 kJ / 149 kcal	6.3 g	0.9 g	19.8 g	1.4 g	2.0 g	0.15 g

KIDS VEGGIE STICKS WITH DIP - V

Contains: Milk

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
1 Ci i Gittoni	200 kJ / 48 kcal	2.4 g	1.4 g	4.0 g	3.2 g	2.0 g	0.04 g

Kids Mains - Smaller Appetites

KIDS FISH AND CHIPS

Contains: Cereals containing Gluten (Wheat), Fish

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
r er r ortion.	1498 kJ / 357 kcal	16.2 g	1.2 g	38.4 g	1.9 g	13.6 g	1.12 g

KIDS GRILLED CHICKEN BREAST WITH CHIPS

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
l el l'oltion.	992 kJ / 235 kcal	8.2 g	0.8 g	20.9 g	1.0 g	18.6 g	1.11 g

KIDS OVEN BAKED POPPIN' CHICKEN WITH CHIPS

Contains: Cereals containing Gluten (Wheat)

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
r er r ortion.	1086 kJ / 259 kcal	12.1 g	1.3 g	27.4 g	0.8 g	9.5 g	0.83 g

KIDS TEN-VEG TOMATO PASTA - VE V



Contains: Cereals containing Gluten (Wheat), Celery

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
l el l'ortion.	982 kJ / 233 kcal	4.8 g	0.5 g	40.5 g	5.8 g	6.2 g	0.65 g

Kids sides

Add Baked Beans - VE V



Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	175 kJ / 41 kcal	0.1 g	0.1 g	6.7 g	2.7 g	2.5 g	0.34 g

ADD CORN RIBS - VE V

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
T CI T OILIOII.	324 kJ / 77 kcal	1.9 g	0.2 g	22.0 g	2.5 g	3.6 g	0.00 g

ADD PEAS - VE V

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	225 kJ / 54 kcal	0.8 g	0.3 g	6.3 g	1.3 g	3.9 g	0.00 g

Add Mixed Salad Side - VE V

Contains: Mustard

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Per Portion:	98 kJ / 24 kcal	1.1 g	0.1 g	2.3 g	2.3 g	0.7 g	0.08 g

Kids Mains - Larger Appetites

KIDS BEEF BURGER AND CHIPS

Contains: Cereals containing Gluten (Wheat)

May Contain: Sesame

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	2182 kJ / 521 kcal	24.0 g	8.0 g	48.2 g	4.7 g	26.0 g	1.20 g

KIDS FISH AND CHIPS

Contains: Cereals containing Gluten (Wheat), Fish

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	2335 kJ / 557 kcal	25.4 g	1.9 g	56.0 g	2.9 g	25.1 g	1.68 g

KIDS GRILLED CHICKEN BREAST BURGER AND CHIPS

Contains: Cereals containing Gluten (Wheat)

May Contain: Sesame

Ī	Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
	r er r ordon.	1624 kJ / 385 kcal	10.0 g	1.4 g	48.2 g	4.9 g	23.4 g	1.54 g

KIDS MAC AND CHEESE - V

Contains: Cereals containing Gluten (Wheat), Milk, Mustard

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
rei roition.	1253 kJ / 299 kcal	14.2 g	8.5 g	30.0 g	3.5 g	12.1 g	0.89 g

KIDS MARGHERITA PIZZA - V

Contains: Cereals containing Gluten (Barley, Wheat), Milk

May Contain: Mustard, Soya

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	1364 kJ / 324 kcal	9.4 g	4.5 g	45.0 g	5.5 g	13.3 g	1.65 g

KIDS SPAGHETTI BOLOGNESE

Contains: Cereals containing Gluten (Wheat)

May Contain: No major allergens

Po	r Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
' '	i i ortion.	881 kJ / 209 kcal	3.0 g	0.8 g	33.5 g	6.0 g	10.5 g	0.28 g

Kids sides

Add Baked Beans - VE V



Contains: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
rei Foltion.	175 kJ / 41 kcal	0.1 g	0.1 g	6.7 g	2.7 g	2.5 g	0.34 g

ADD CORN RIBS - VE Contains: No major allergens May Contain: No major allergens Fat Energy **Saturates** Carbohydrates Sugars Protein Salt Per Portion: 324 kJ / 77 kcal 1.9 g 0.2 g 22.0 g 2.5 g 3.6 g 0.00 g ADD PEAS - VE Contains: No major allergens May Contain: No major allergens Fat **Saturates** Carbohydrates Sugars Protein Salt Energy Per Portion: 225 kJ / 54 kcal 0.8 g 0.3 g 6.3 g 1.3 g 3.9 g 0.00 g Add Mixed Salad Side - VE V Contains: Mustard May Contain: No major allergens Salt Fat **Saturates** Carbohydrates Sugars Protein Energy Per Portion: 98 kJ / 24 kcal 1.1 g 0.1 g 2.3 g 2.3 g 0.7 g 0.08 g

Kids - Desserts

KIDS CHOCOLATE BROWNIE WITH VANILLA DAIRY ICE CREAM - V May Contain: Peanut, Tree Nuts (Almond, Cashew, Hazelnut, Macadamia, Pecan, Pistachio, Walnut) Contains: Cereals containing Gluten (Wheat), Egg, Milk, Soya Energy Saturates Carbohydrates Sugars Protein Salt Per Portion: 1359 kJ / 325 kcal 16.9 g 9.3 g 37.8 g 30.0 g 4.9 g 0.59 g KIDS FRUIT SALAD - VE Contains: No major allergens May Contain: No major allergens Fat Saturates Carbohydrates Sugars Protein Salt Per Portion: 10.4 g 222 kJ / 52 kcal 12.3 g 0.1 g 0.0 g 0.5 g 0.01 g KIDS PANCAKES WITH CREAM - V Contains: Cereals containing Gluten (Wheat), Egg, Milk, Soya May Contain: No major allergens Energy Fat **Saturates** Carbohydrates Sugars Protein Salt Per Portion: 1043 kJ / 246 kcal 7.1 g 4.2 g 41.0 g 23.9 g 4.3 g 0.53 g KIDS VANILLA DAIRY ICE CREAM - V May Contain: Tree Nuts (Almond, Cashew, Hazelnut, Contains: Cereals containing Gluten (Wheat), Milk, Soya Macadamia, Pecan, Pistachio) Energy Fat **Saturates** Carbohydrates Sugars Protein Salt Per Portion: 899 kJ / 214 kcal 8.9 g 5.9 g 30.4 g 21.6 g 3.2 g 0.13 g

pgrade							
Add 2 Streaky	/ Bacon						
Contains: No ma	ajor allergens			May Contain: No maj	ior allergens		
Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Per Portion:	262 kJ / 63 kcal	4.0 g	1.3 g	0.2 g	0.1 g	6.5 g	0.91 g
Add 2 Vegan I	Bacon - VE V			May Contain: Other	Cereals contain	ing (Barley, Wh	neat)
Dan Dantiana	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Per Portion:	240 kJ / 57 kcal	2.4 g	0.2 g	2.0 g	0.2 g	6.3 g	0.68 g

Add 3 Onion Bhaji - VE V

Contains: Cerea	als containing Gluten (Whea	at)	May Contain: Egg, M	lilk, Sesame

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
T CI T CITION.	526 kJ / 126 kcal	6.6 g	2.4 g	13.2 g	2.6 g	2.5 g	0.60 g

Add 4oz Burger

Contains: No major allergens

May Contain: No major allergens

	Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
ľ	er i ortion.	888 kJ / 214 kcal	15.3 g	6.9 g	0.1 g	0.1 g	19.0 g	1.21 g

Add Chipotle Chilli

Contains: Celery, Milk, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Per Fortion.	964 kJ / 231 kcal	10.8 g	4.2 g	16.3 g	6.5 g	14.7 g	1.45 g

Add Curry Sauce - VE V

Contains: Cereals containing Gluten (Wheat), Mustard, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Per Portion:	402 kJ / 97 kcal	6.7 g	1.8 g	7.5 g	2.5 g	1.0 g	0.80 g

Add Double Smothered Chicken

Contains: Cereals containing Gluten (Barley, Wheat), Celery, Milk, Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
l el l'ortion.	1246 kJ / 296 kcal	10.3 g	5.7 g	9.6 g	8.3 g	40.7 g	2.52 g

Add Mozzarella & Cheddar Cheese - V

Contains: Milk

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
1 ci i citioni.	838 kJ / 202 kcal	15.6 g	10.2 g	0.4 g	0.1 g	15.0 g	1.02 g

Add Naan Bread - VE V

Contains: Cereals containing Gluten (Wheat)

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i ortion.	809 kJ / 191 kcal	2.6 g	0.2 g	34.8 g	0.8 g	6.2 g	0.79 g

Add Peppercorn Sauce

Contains: Celery, Milk

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
i ei i ordon.	136 kJ / 32 kcal	0.8 g	0.4 g	4.4 g	2.0 g	1.4 g	0.68 g

Add White Bread & Butter - V



Contains: Cereals containing Gluten (Wheat), Milk, Soya

May Contain: Other Cereals containing (Barley, Oats, Rye)

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	1096 kJ / 261 kcal	9.3 g	5.5 g	35.8 g	2.1 g	7.3 g	1.08 g

Add a Cheese Slice - V

Contains: Milk

Contains: Milk

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
r er r ortion.	322 kJ / 78 kcal	6.4 g	4.1 g	0.0 g	0.0 g	5.0 g	0.38 g

Add a Cheese Slice - V

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	322 kJ / 78 kcal	6.4 g	4.1 g	0.0 g	0.0 g	5.0 g	0.38 g

Add a Grilled Chicken Breast

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
T CI T CITION.	661 kJ / 156 kcal	2.5 g	0.6 g	0.1 g	0.5 g	32.9 g	1.11 g

Add a Grilled Chicken Breast

Contains: No major allergens

May	Contain:	No ma	ior al	llergens
iviav	CUIIIaiii.	IVO IIIa	ivi ai	iei uei is

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
l el l'ortion.	661 kJ / 156 kcal	2.5 g	0.6 g	0.1 g	0.5 g	32.9 g	1.11 g

Add a Grilled Chicken Breast

Contains: No major allergens

May Contain: No major allergens

Per Portion:	Energy	Fat Saturates		Carbohydrates	Sugars	Protein	Salt
l el l'ortion.	661 kJ / 156 kcal	2.5 g	0.6 g	0.1 g	0.5 g	32.9 g	2.11 g

Add a Vegan Burger with Vegan Slice - VE V

Contains: Cereals containing Gluten (Barley, Wheat), Soya

May Contain: No major allergens

Per Portion:	Energy	Fat	Saturates	Carbohydrates	Sugars	Protein	Salt
Terrordon.	1108 kJ / 266 kcal	17.2 g	11.2 g	7.6 g	0.0 g	17.9 g	1.51 g

Drinks Menu Allergy



Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; we cannot say that any dish on our menus is "free-from" any allergen, but only that it does not contain that allergen as an ingredient. Our allergen information sheet does not include any "may contains" information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut), Pecan, Pistachio, Walnut) and products thereof.

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR PREMIER INN ALLERGY INFORMATION GUIDE

Y

The allergen is present



	Cerea	als Cont	aining G	Sluten	Allergens Present													
Product Description APEROL SPRITZ	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
						COCKTA	AILS											
APEROL SPRITZ											Υ							
PASSIONFRUIT MARTINI											Υ							
RUM PUNCH																		
PINA COLADA																		
HUGO SPRITZ											Υ							
MIDNIGHT WOO WOO																		
SWEET DREAMS																		
ESPRESSO MARTINI																		
CLASSIC MOJITO																		

PACKAGED COCKTAILS - SEE PACKAGING

MOCKTAILS																
PILLOWTALK NA																
TWILIGHT NA																

PACKAGED MOCKTAILS - SEE PACKAGING

PACKAGED LOW & NOS - SEE PACKAGING

		SPI	RITS						
		G	IN						
WARNER EDWARDS RHUBARB GIN									
HENDRICKS									
WHITLEY NEILL JAPANESE YUZU									
WHITLEY NEILL RASPBERRY GIN									
WHITLEY NEILL DISTILLERS CUT GIN									
BOMBAY SAPPHIRE GIN									
BOMBAY CITRON PRESSE									
JJ PINK GIN									
JJ LONDON DRY GIN									
GORDON'S LONDON DRY									
GORDON'S PREMIUM PINK									

	Cerea	ls Cont	aining G	luten	Ī					A	Allergens	s Presen	nt								
Product Description	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)			
						VODK	A														
ABSOLUT® PASSIONFRUIT ABSOLUT® ORIGINAL ABSOLUT® RASPBERRI SMIRNOFF RED JJ RASPBERRY JJ ARTISANAL TALISKER 10YO JOHNNIE WALKER BLACK LABEL GLENFIDDICH 12YO JACK DANIELS NO.7 JACK DANIELS TENNESSEE HONEY WOODFORD RESERVE JAMESON IRISH WHISKEY BLACK BUSH TULLEMORE DEW						WHISK	EY														
FAMOUS GROUSE																					
DEAD MANS FINGER SPICED RUM BACARDI CARTA BLANCA SUPERIOR WHITE RUM KRAKEN BLACK SPICED CAPTAIN MORGAN SPICED RUM CAPTAIN MORGAN DARK RUM MALIBU					LIQUE	RUM JR & SPE	ECIALITIE	S													
BAILEYS IRISH CREAM HENNESSY VS COGNAC TEQUILA ROSE EL JIMADOR BLANCO TEQUILA							Y														

MIXERS - SEE PACKAGING

					7						Allergens	s Presen	nt					
_	Cerea	als Cont	aining G	luten					ı									ı
Product Description	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
					DRAU	 GHT BEE	R & CIDE	R					_					
COORS	Υ		Υ				it a dibl											
MADRI EXCEPCIONAL	Y		Y															
BIRRA MORETTI			Υ															
GUINNESS			Υ															
SHARPS ATLANTIC PALE ALE	Υ		Υ															
INCH'S CIDER											Υ							
CARLSBERG			Υ															
SMITHWICK'S			Υ															
HOP HOUSE 13			Υ															
ROCKSHORE LAGER			Υ															
ROCKSHORE CIDER											Y							
LIBERATION WAVERIDER	Y		Y								Y							
LIBERATION BEST BITTER	Υ		Υ								Υ							
				DVCKV	SED BEE	D & CIDE	D - SEE	DVCKVC	ING									
PACKAGED BEER & CIDER - SEE PACKAGING																		
SOFT DRAUGHT																		
COCA COLA ZERO SUGAR																		
COCA COLA																		
DIET COKE																		
SCHWEPPES SLIMELINE LEMONADE																		
SPRITE ZERO																		
			•			•		•				•		•				
					HOUSE	SODAS 8	LICED TE	EAS										
LIME SHERBET																		
RASPBERRY																		
PASSION FRUIT																		
ELDERFLOWER																		
				DACKA	SED COF	T DDIAW	e eere	ACKACI	NC									
				PACKA	3ED 201	T DRINK	3 - 3EE F	ACKAGI	NG									
				DVCKV	CED KID	S DRINKS	S-SEE D	VCKVCII	NG									
				FACKA	CLD KID	O DIVINIV	J- JEE P	AUNAUII	10									

02/09/25 Version No.1 Page 3

LATTE CAPPUCCINO FLAT WHITE FLAT WHITE CAPPUCCINO FLAT WHITE FLAT WHITE CAPPUCCINO FLAT WHITE FLAT		Cereals Containing Gluten Allergens Present																	
HOT DRINKS	Ē	Cerea	iis Com	anning G	nuten														
LATTE CAPPUCCINO FLAT WHITE AMERICANO BLACK AMERICANO WHITE (+95ML SEMI-SKIMMED MILK) ESPRESSO DOUBLE ESPRESSO HOT CHOCOLATE HOT CHOCOLATE HOT CHOCOLATE WITH CREAM PG TIPS ENGLISH BREAKFAST (BLACK) PG TIPS PEPPERMINT HERBAL PG TIPS RASPBERRY HERBAL	Product Descriptio	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
CAPPUCCINO FLAT WHITE AMERICANO BLACK AMERICANO WHITE (+95ML SEMI-SKIMMED MILK) ESPRESSO DOUBLE ESPRESSO HOT CHOCOLATE HOT CHOCOLATE WITH CREAM PG TIPS ENGLISH BREAKFAST (BLACK) PG TIPS RASPBERRY HERBAL PG TIPS RASPBERRY HERBAL			_				HOT DRII	NKS	_								_	_	
CAPPUCCINO FLAT WHITE AMERICANO BLACK AMERICANO WHITE (+95ML SEMI-SKIMMED MILK) ESPRESSO DOUBLE ESPRESSO HOT CHOCOLATE HOT CHOCOLATE WITH CREAM PG TIPS ENGLISH BREAKFAST (BLACK) PG TIPS RASPBERRY HERBAL PG TIPS RASPBERRY HERBAL	LATTE																		
FLAT WHITE AMERICANO BLACK AMERICANO WHITE (+95ML SEMI-SKIMMED MILK) ESPRESSO DOUBLE ESPRESSO HOT CHOCOLATE HOT CHOCOLATE WITH CREAM PG TIPS ENGLISH BREAKFAST (BLACK) PG TIPS PEPPERMINT HERBAL PG TIPS RASPBERRY HERBAL								Y											
AMERICANO BLACK AMERICANO WHITE (+95ML SEMI-SKIMMED MILK) ESPRESSO DOUBLE ESPRESSO HOT CHOCOLATE HOT CHOCOLATE WITH CREAM PG TIPS ENGLISH BREAKFAST (BLACK) PG TIPS PEPPERMINT HERBAL PG TIPS RASPBERRY HERBAL	FLAT WHITE							Y											
AMERICANO WHITE (+95ML SEMI-SKIMMED MILK) ESPRESSO DOUBLE ESPRESSO HOT CHOCOLATE HOT CHOCOLATE WITH CREAM PG TIPS ENGLISH BREAKFAST (BLACK) PG TIPS PEPPERMINT HERBAL PG TIPS RASPBERRY HERBAL																			
ESPRESSO DOUBLE ESPRESSO HOT CHOCOLATE HOT CHOCOLATE WITH CREAM PG TIPS ENGLISH BREAKFAST (BLACK) PG TIPS PEPPERMINT HERBAL PG TIPS RASPBERRY HERBAL								Υ											
DOUBLE ESPRESSO HOT CHOCOLATE HOT CHOCOLATE WITH CREAM PG TIPS ENGLISH BREAKFAST (BLACK) PG TIPS PEPPERMINT HERBAL PG TIPS RASPBERRY HERBAL	ESPRESSO																		
HOT CHOCOLATE HOT CHOCOLATE WITH CREAM PG TIPS ENGLISH BREAKFAST (BLACK) PG TIPS PEPPERMINT HERBAL PG TIPS RASPBERRY HERBAL																			
HOT CHOCOLATE WITH CREAM PG TIPS ENGLISH BREAKFAST (BLACK) PG TIPS PEPPERMINT HERBAL PG TIPS RASPBERRY HERBAL								Υ											
PG TIPS ENGLISH BREAKFAST (BLACK) PG TIPS PEPPERMINT HERBAL PG TIPS RASPBERRY HERBAL								Y											
PG TIPS PEPPERMINT HERBAL PG TIPS RASPBERRY HERBAL	PG TIPS ENGLISH BREAKFAST (BLACK)																		
PG TIPS RASPBERRY HERBAL																			
PG TIPS EARL GRAY	PG TIPS EARL GRAY																		
PG TIPS DECAF	PG TIPS DECAF																		
SOYA DRINK						Υ													
OAT DRINK					Υ														
WHOLE/SEMI SKIMMED MILK	WHOLE/SEMI SKIMMED MILK							Υ											
AFTER DINNER DRINKS						AFTE	R DINNE	R DRINKS	3										
IRISH COFFEE	IRISH COFFEE							Υ											
BAILEYS LATTE	BAILEYS LATTE							Υ											
COFFEE SYRUP					-	C	OFFEE S	YRUP			-				-				•
SWEETBIRD VANILLA SUGAR FREE SYRUP	SWEETBIRD VANILLA SUGAR FREE SYRUP																		
SWEETBIRD HAZELNUT SUGAR FREE SYRUP																			
SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP																			

02/09/25 Version No.1 Page 4

					Í					A	Mergens	s Presen	nt					
_	Cerea	als Cont	aining G	luten						ı				ı				ı
Product Description	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
						WINE												
THE NED CALIFORNIAN DI AND			ı			WHITI	Ξ			ı				ı				
THE NED, SAUVIGNON BLANC											Y							
JACK RABBIT, PINOT GRIGIO						V	V	V			Y							
JAM SHED, CHARDONNAY						Y	Y	Y			Y							
CATARRATTO, PINOT GRIGIO CHARDONNAY, COLDRIDGE ESTATE											Y							
CHARDONNAY, COLDRIDGE ESTATE CHARDONNAY, TALINGA PARK											Y							
VINA ARROBA CHARDONNAY (HOUSE WHITE)											Y							
LADERA VERDE, SAUVIGNON BLANC											Y							
PINOT GRIGIO, AMORI											Y							
PINOT GRIGIO, AMORI PINOT GRIGIO, TERRE DI MARIO											Y							
SAUVIGNON BLANC, ESK VALLEY											Y							
SAUVIGNON BLANC, ESK VALLET SAUVIGNON BLANC, HUDSON LANE											Y							
SAUVIGNON BLANC, LOS ANDES DE PAZ											Y							
SAUVIGNON BLANC, LOS ANDES DE FAZ						RED					· ·							
CAMPO VIEJO, RIOJA											Υ							
JAM SHED, SHIRAZ						Υ	Υ				Y							
STEAKMAKER, MALBEC											Y							
VISTAMAR MATINAL, MERLOT											Y							
VINA ARROBA TEMPRANILLO (HOUSE RED)											Y							
CABERNET SAUVIGNON, LOS ANDES DE PAZ											Ÿ							
CRIANZA, ARTESA											Ÿ							
LADERA VERDE, MERLOT											Υ							
MALBEC, 'CHACABUCO', LOS HOROLDOS											Υ							
MALBEC, KALEU											Υ							
MALBEC, PABLO Y											Υ							
MERLOT, KOLINAS											Υ							
RIOJA VEGA, CRIANZA											Υ							
SHIRAZ, STONE'S THROW											Υ							
SHIRAZ, TALINGA PARK											Y							

										Δ	Mergens	Presen	<i>t</i>					
	Cerea	ls Conta	aining G	luten														
Product Description	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
						ROSÉ												
DIAMARINE, PROVENCE ROSÉ											Y							
VINO POMONA, ROSATO											Υ							
JACK RABBIT, WHITE ZINFANDEL											Υ							
VINA ARROBA TEMPRANILLO ROSÉ (HOUSE ROSÉ)											Υ							
PIERRE CHAINIER, ROSÉ D'ANJOU											Υ							
PINOT GRIGIO ROSÉ, AMORI											Υ							
DARROW DE VIII FROEDO OLIMADA ONE	ı					SPARKL	ING		ı									
BARON DE VILLEBOERG CHAMPAGNE											Y							
SETTE BELLO, PROSECCO DOC											Y							
PROSECCO FOR ONE BAROCCO PROSECCO FOR ONE											Y							
CA' NOMBOLI FRIZZANTE											Y							
PONTE PROSECCO											Y							

PACKAGED WINES BY THE CAN BY NICE - SEE PACKAGING LABEL FOR ALLERGENS