

Let's meet

Food and drink made easy
so you can focus on your meeting

Premier Inn 

Making meetings easy

To suit your needs, we offer a number of buffet options for breakfast, lunch & dessert

Kick off with breakfast

Breakfast baps

Bacon Bap (393kcal)

Sausage Bap (584kcal)

Fried Egg Bap V (402kcal)

Veggie Sausage Bap V (471kcal)

Calories stated do not include sauces

Ketchup (31kcal) **HP Sauce** (35kcal)

Unlimited tea and coffee

Because every great meeting runs on bottomless brews

Please see drinks menu for our full range

Choose your buffet lunch

Simple and satisfying

Sandwiches

Chicken & Mayo
(101kcal per triangle)

Cheese & Tomato V
(93kcal per triangle)

BLT (94kcal per triangle)

Egg Mayo V (79kcal per triangle)

House Salad VE (42kcal per portion)

Assorted Crisps V

Salt & Vinegar (234kcal per bag),
Salted (234kcal per bag),
Cheese & Onion (223kcal per bag),
Prawn Cocktail (230kcal per bag)

Brownies V (186kcal per piece)

Lemon & Raspberry

Semifreddo VE (173kcal per piece)

A little more choice

Sandwiches

Chicken & Mayo
(101kcal per triangle)

Cheese & Tomato V
(93kcal per triangle)

BLT (94kcal per triangle)

Egg Mayo V (79kcal per triangle)

Ham¹ & Tomato (78kcal per triangle)

House Salad VE (42kcal per portion)

Skin-on Chips VE (157kcal per
100g portion)

Mini Chicken Bites (20kcal per piece)

Chicken Wings (151kcal per 2 wings)

Nachos & Salsa VE

(148kcal per portion)

Assorted Crisps V

Salt & Vinegar (234kcal per bag),
Salted (234kcal per bag),
Cheese & Onion (223kcal per bag),
Prawn Cocktail (230kcal per bag)

Brownies V (186kcal per piece)

Fresh Fruit Selection V

Apple, Banana and Clementine

Lemon & Raspberry

Semifreddo VE (173kcal per piece)



Breakfast Baps included
Served 8am - 10am only

The full spread

Pizzas

Your choice of two pizzas from:

Margherita V (94kcal per slice)

Veggie V (107kcal per slice)

Pepperoni (127kcal per slice)

Hawaiian BBQ (124kcal per slice)

House Salad VE (42kcal per portion)

Skin-on Chips VE (157kcal per
100g portion)

Mini Chicken Bites

(20kcal per piece)

Chicken Wings (151kcal per 2 wings)

Nachos & Salsa VE

(148kcal per portion)

Assorted Crisps V

Salt & Vinegar (234kcal per bag),
Salted (234kcal per bag),
Cheese & Onion (223kcal per bag),
Prawn Cocktail (230kcal per bag)

Brownies V (186kcal per piece)

Fresh Fruit Selection V

Apple, Banana and Clementine

Lemon & Raspberry

Semifreddo VE (173kcal per piece)



Breakfast Baps included
Served 8am - 10am only

Food & drink that works as hard as you do.

Keep everyone fuelled and focused with our flexible range of meeting menu options. From light bites to more substantial choices, everything is designed to keep your day running smoothly.



Great choice, made simple

Pick from a wide selection of fresh, tasty food and drink, with options to suit different tastes and dietary requirements.



Good value, no compromises

Quality food and drink that delivers on value with options to suit all budgets.



One less thing to think about

Our team takes care of the catering, with everything served at the right time, without disrupting your day, so you can stay focused on your meeting.



The right space for every business moment

Host meetings, training sessions and team catch-ups in spaces designed to work for you. Comfortable, professional and easy to access – with free Wi-Fi at every venue as standard.

***Terms and Conditions:** A minimum of 8 people are required to order the buffet. Buffet menu requires 48hrs' notice. For parties of 30 or more please contact your local site to arrange menu pre orders. **Adults need around 2,000 kcal a day. Our dishes are prepared in kitchens where allergen cross-contamination may occur; please inform your server of any allergies. Menu descriptions may not list all ingredients, and substitutions may occur – check current allergy information online and confirm with your server.** V = suitable for vegetarians, VE = suitable for vegans and vegetarians. Our vegan and vegetarian dishes are made to a vegan or vegetarian recipe, but we cannot guarantee that they are suitable if you have a food allergy. Please refer to our allergen information if you have a specific requirement. Calorie information is based on the average serving size and is correct at the time of printing. These may vary with substitution. All food weight is based on uncooked approximates. ¹Formed Ham. See main menu for full information. Prices are inclusive of VAT. Images for illustration purposes only. Management may change or withdraw offers without notice. Price promotions excluded from charity donation. If you choose to leave a gratuity to thank your server, we want you to know that this goes straight to the person serving you today, in full. Promoter: Whitbread Group PLC, PO Box 777, Dunstable LU5 5XE.