

Minis' menu

Premier Inn 

2 Courses

Smaller Appetites
Larger Appetites

 Add a third course

Starters

Garlic & Parsley Flatbread V (133kcal)

Tortilla Chips V

Served with a cucumber, yoghurt and mint dip and diced tomatoes (174kcal)

Vegan option available, just ask! (148kcal)

Veggie Sticks V 

Served with a cucumber, yoghurt and mint dip (47kcal)

Smaller Appetites

10-Veg Tomato Pasta VE 

Pasta served in our 10-veg tomato sauce (233kcal)

Oven Baked Fish Bites†

Breaded pollock fish bites, served with skin-on chips (334kcal)

Oven Baked Poppin' Chicken


Breaded chicken bites made with 100% chicken breast, served with skin-on chips (279kcal)

Grilled Chicken Breast

Served with skin-on chips (242kcal)

Pick two yummy sides

2 Mini Corn Ribs VE

 (59kcal)

HEINZ Baked Beans VE

 (41kcal)

Larger Appetites

Margherita Pizza V

Topped with tomato, mozzarella and Cheddar cheese (377kcal)

Spaghetti Bolognese 

Beef bolognese sauce cooked with tomato, onions, carrots and spaghetti (209kcal)

Grilled Chicken Breast Burger

Served with skin-on chips (370kcal)

Beef Burger

Served with skin-on chips (496kcal)

Oven Baked Fish Bites†

Breaded pollock fish bites, served with skin-on chips (451kcal)

Peas VE

 (47kcal)

Mini Salad VE

 (19kcal)

Desserts

Vanilla Ice Cream V

With a wafer and sprinkled with chocolate (181kcal)

Chocolate Brownie V

Served with vanilla ice cream (256kcal)

Pancakes V 

With fresh banana, chocolate sauce and a whip of cream (242kcal)

Fruit Salad VE  (49kcal)

Pip Organic Rainbow Fruity Ice Lolly VE (18kcal)

Pip Organic Berry Ice Lolly VE (30kcal)



Scan for our Non-Gluten-Containing
Ingredients full menu





GREAT ORMOND STREET
HOSPITAL CHARITY

for every 3-course
meal sold we donate
20p to our partner,
GOSH charity

Pennies! 

We've teamed up with Pennies, the digital charity box, to help support our partner GOSH charity. Just press 'yes' when you pay by card to donate 25p. Every penny you give goes to charity: 95% to Great Ormond Street Hospital Children's Charity (registered charity no. 1160024) and 5% to Pennies (registered charity no. 1122489).

Kids aged 5-10 need around 1,800kcal a day.

Our dishes are prepared in kitchens where allergen cross-contamination may occur; please inform your server of any allergies. Menu descriptions may not list all ingredients, and substitutions may occur – check current allergy information online and confirm with your server. V = suitable for vegetarians, VE = suitable for vegans and vegetarians. Our vegan and vegetarian dishes are made to a vegan or vegetarian recipe, but we cannot guarantee that they are suitable if you have a food allergy. Please refer to our allergen information if you have a specific requirement. Calorie information is based on the average serving size and is correct at the time of printing. These may vary with substitution. All food weight is based on uncooked approximates. †May contain bones or shells. Prices are inclusive of VAT. Images for illustration purposes only. Management may change or withdraw offers without notice. Price promotions excluded from charity donation. If you choose to leave a gratuity to thank your server, we want you to know that this goes straight to the person serving you today, in full. Promoter: Whitbread Group PLC, PO Box 777, Dunstable LU5 5XE.  = 1 of your 5 a day.  = 2 of your 5 a day. 1 of your 5 a day is a minimum of 40g of fruit or vegetables, or 150ml pure juice. All the dishes on the kids' menu meet our children's nutrition criteria. Calorie information is based on the average serving for each dish and is provided to help you make an informed choice and is correct at the time of printing. Children between 5-10 years old need around 1,800 calories a day, this will vary by age, with some children needing more and some needing less. Great Ormond Street Hospital Children's Charity. Registered charity no. 1160024. Price promotions excluded from charity donation.

Drinks

Innocent Kids Juicy Water 200ml


Apples & Mangoes (56kcal)

Apples & Strawberries (64kcal)

Our promise:

We care about all our guests, especially our youngest ones. It's why we've designed our kids' menu with the help of our clever Nutritionist.

Therefore we promise:

- To provide carefully controlled levels of calories, fat, saturates, sugar and salt
- To meet the nutritional needs of children
- To include  of their 5 a day in all our main meals
- To offer yummy vegetarian options
- We never use artificial colours or flavours
- To offer a range of no added sugar drinks
- 100% responsibly sourced fish
- 100% chicken breast
- 100% UK and Irish beef
- No genetically modified ingredients



MSC-C-55716 All our pollock and haddock comes from a fishery that has been independently certified to the MSC's environmental standard for fishing. msc.org