

# Your wake up call...

Just  
**£6**

This includes:



Choose from our unlimited continental breakfast and unlimited drinks

## Continental Breakfast

### Cereals

**Porridge V** (291kcal per bowl)  
With cow's milk (337kcal)

**Granola** (188kcal per bowl)

### A Selection of Yoghurt's

See packaging for calories

### Fruits

**A Selection of Whole Fruits V**

**Fresh Fruit Salad<sup>VE</sup>**

### Bakery

**Blueberry Muffins V** (210kcal)

**Croissant V** (203kcal)

**Pain au Chocolat V** (184kcal)

### Toast

Choose from White (90kcal per slice) or Malted Brown Bread (91kcal per slice)

### Preserves & Spreads

**Hazelnut Chocolate Spread V** (83kcal)

**Marmalade VE** (33kcal)

**Honey V** (65kcal)

**Assorted Jams VE** (34kcal)

**Marmite VE** (21kcal)

**Maple Syrup VE** (63kcal)

**Peanut Butter VE** (98kcal)

**Butter** (46kcal)

**Sunflower Spread VE** (43kcal)

## + Choose your drink

**Black Coffee** (4kcal)

**Coffee with 84ml milk** (43kcal)

### PG Tips

Choose from Black Tea, Green Tea, Raspberry Tea, Mint Tea or Earl Grey Tea

**Orange Juice VE** (69kcal)

Adults need around 2,000kcal a day

(V) All of our breakfast items are suitable for vegetarians.

(VE) All of our breakfast items are suitable for vegans. Some items may differ to those shown. <sup>VE</sup> May contain fruit stones.

All products may be subject to change and availability. Photography is for illustrative purposes only. <sup>®</sup> Registered trademark.

**Don't worry, we know there are allergens in our food and drink which we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Alpro Soya available on request. As gluten is present in our kitchen please tell your server and we will take care to minimise the risk of cross-contamination.**

The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. No optional additions to hot drinks have been included in the calories stated, except for where milk is often added. The additional milk calories are based on semi-skimmed milk.

We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information.

hub  
by Premier Inn