

STARTERS

SALT & PEPPER CALAMARI[®] 5.99

Tossed with fresh chilli, with mayo for dipping (482kcal)

FISH GOUJONS** 5.79

Breaded pollock served with tartare sauce (395kcal)

CAULIFLOWER POPCORN ① ② 4.99

Served with a roasted red pepper and harissa dip (306kcal)

PRAWN COCKTAIL** 5.99

Served with toasted ciabatta (412kcal)

SOUP OF THE DAY ① ② 4.99

Served with toasted ciabatta (223kcal)

HOUMOUS & FLATBREAD ① ② 4.99

Chargrilled flatbread with houmous and olive oil (444kcal)

SHARING PLATTER^{5*} 12.79

Smoky BBQ chicken wings topped with chilli and coriander, cauliflower popcorn, stone-in olives and flatbread. Served with houmous, cucumber, tomato and a roasted red pepper and harissa dip (serves 2, 1,255kcal whole dish, 628kcal single serve) 7.00 supplement as part of meal deal

WINGS

PIRI PIRI CHICKEN 5.79

5 wings served with a creamy blue cheese sauce (serves 1, 454kcal)

Upgrade to 10 9.29

(serves 2, 799kcal whole dish, 400kcal per serve)

⊕ 3.50 supplement as part of meal deal

Upgrade to 15 12.79

(serves 3, 1,144kcal whole dish, 361kcal per serve)

⊕ 6.00 supplement as part of meal deal

BBQ CHICKEN⁵ 5.79

5 smoky BBQ wings topped with chilli and coriander (serves 1, 361kcal)

Upgrade to 10 9.29

(serves 2, 721kcal whole dish, 361kcal per serve)

⊕ 3.50 supplement as part of meal deal

Upgrade to 15 12.79

(serves 3, 1,083kcal whole dish, 361kcal per serve)

⊕ 6.00 supplement as part of meal deal

BURGERS

OUR PICK HOUSE STACK BURGER 12.49

Two 4oz* burgers, Cheddar cheese, cos lettuce, red onions, tomatoes and burger sauce. Served in a brioche bun with skin-on chips and house slaw

(1,307kcal with bun, 1,105kcal without bun)

Add two *crispy oak smoked streaky bacon rashers* for 99p (63kcal)

THE PLANT BURGER ① ② 12.49

GARDEN GOURMET[®] Sensational™ burger with Violife cheese slice, cos lettuce, red onions, tomatoes and burger sauce. Served in a vegan bun with skin-on chips and vegan slaw (965kcal with bun, 781kcal without bun)

Add two *vegan THIS™ Isn't Bacon rashers* ① ② 99p (58kcal)

Fancy some onion rings or mac & cheese with your burger? Check out our sides down below

PIZZA

CREATE YOUR OWN PIZZA 11.49

Top it how you want it - starting with our tomato sauce base, mozzarella and Cheddar cheese (978kcal) and then your choice of any three toppings:

PEPPERONI (130kcal)

MUSHROOM ① (23kcal)

RED CHILLI ① (1kcal)

HAM¹ (40kcal)

RED ONION ① (8kcal)

ROCKET ① (2kcal)

CHICKEN (77kcal)

RED PEPPER ① (7kcal)

PINEAPPLE ① (65kcal)

TOMATO ① (12kcal)

THE CLASSICS

OUR PICK RIGATONI BOLOGNESE 11.49

A rich beef Bolognese topped with rocket and served with garlic flatbread (943kcal)

BAKED SPINACH & RICOTTA CANNELLONI ① 11.49

Baked in a creamy tomato sauce topped with Cheddar and mozzarella cheese. Served with garlic flatbread and a house salad (853kcal)

BEEF & ALE PIE⁵ 12.49

Our award-winning pie, served with mashed potato, Tenderstem[®] broccoli, peas and gravy (1,077kcal)

BEER-BATTERED HADDOCK & CHIPS**⁵ 11.99

Served with your choice of garden or mushy peas and tartare sauce (878kcal with garden peas or 943kcal with mushy peas)

CHICKEN MAKHANI CURRY 11.49

Our creamy medium hot chicken curry topped with red chilli, coriander and spring onion. Served with white rice, a poppadom and mango chutney dip (770kcal)

Add a *naan bread 79p* (191kcal)

SWEET POTATO & SPINACH CURRY ① ② 11.49

Sweet potato, chickpea, spinach and coconut curry topped with chilli, coriander and spring onion. Served with white rice, two poppadoms and mango chutney dip (513kcal)

SIDES

SKIN-ON CHIPS ① ② (299kcal) 2.99

CREAMY MASHED POTATO ① (284kcal) 3.29

TENDERSTEM[®] BROCCOLI & GARDEN PEAS ① ② (107kcal) 2.99

OUR PICK BEER-BATTERED ONION RINGS⁵ (280kcal) 2.99

OUR PICK MAC & CHEESE ① (403kcal) 3.99

HOUSE SALAD ① ② (47kcal) 3.29

FROM THE GRILL

All our grills are served with your choice of accompaniment

30-DAY-AGED 8oz* SIRLOIN STEAK 15.49

Served with half roasted tomato, grilled mushroom and dressed rocket (388kcal)

⊕ 2.00 supplement as part of meal deal

OUR PICK 30-DAY-AGED 10oz* RIBEYE STEAK 16.99

Served with half roasted tomato, grilled mushroom and dressed rocket (573kcal)

⊕ 3.50 supplement as part of meal deal

10oz* CHARGRILLED GAMMON STEAK 11.49

Served with two fried eggs (679kcal) or grilled pineapple rings (635kcal) or one of each and garden peas (47kcal)

Pick your accompaniment

Skin-on Chips ① ② (291kcal)

Creamy Mashed Potato ① (284kcal)

Tenderstem[®] Broccoli & Garden Peas ① ② (107kcal)

House Salad ① ② (47kcal)

MIXED GRILL 16.49

Grilled 4oz* sirloin steak, 5oz* gammon steak, half chicken breast and pork sausage.

Served with a fried egg, half roasted tomato, grilled mushroom and dressed rocket (769kcal)

Upgrade 8oz* Sirloin 3.49 (926kcal)

⊕ 3.00 supplement as part of meal deal

CHARGRILLED SALMON FILLET** 13.99

Served with half roasted tomato, grilled mushroom and dressed rocket (401kcal)

CHARGRILLED CHICKEN BREAST 11.99

Served with half roasted tomato, grilled mushroom and dressed rocket (231kcal)

Add a sauce for 1.99 extra

Peppercorn (29kcal)

Béarnaise⁵ ① (141kcal)

Blue Cheese ① (253kcal)

Hollandaise⁵ ① (140kcal)

SALADS

OUR PICK COBB SALAD ① ② 9.99

Shredded cos, tomatoes, cucumber, sweetcorn, red pepper, carrot and red cabbage.

Topped with avocado and croutons (373kcal)

Add *Grilled Chicken 1.50* (155kcal)

Add *4oz* Sirloin Steak 3.00* (156kcal)

Add *Salmon Fillet** 3.00* (325kcal)

CHICKEN & BACON CAESAR SALAD 10.99

Cos lettuce, a boiled egg, crispy oak smoked streaky bacon with a Caesar dressing. Served with freshly baked garlic flatbread with cheese (670kcal)

MEDITERRANEAN GRAIN BOWL¹ ① ② 9.49

Mixed grains with houmous, baked flatbread, stone-in olives, tomatoes, cucumber, red pepper and dressed rocket (670kcal)

DESSERTS

NEW YORK CHEESECAKE[®] ① 4.99

Creamy NY style cheesecake with a crisp biscuit base served with fruit berries (434kcal)

VANILLA ICE CREAM ① 4.99

Three scoops of vanilla dairy ice cream (174kcal)

FRUIT SALAD ① ② 4.99

A selection of pineapple, oranges, red apple, green apple, strawberries and red grapes (106kcal)

Adults need around 2,000kcal a day. ① Suitable for vegetarians. ② Suitable for vegans.

* May contain rings & tentacles. †May contain traces of alcohol. ‡May contain fruit stones. **May contain small bones/shell pieces. ††Any weights declared are based on an approximate weight of uncooked values. †Formed Ham

Don't worry, we know there are allergens in our food and drink which we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Ingredients can occasionally be substituted or changed at short notice so please review the allergy information on the website at the time of your visit and ask your server when you arrive. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. Menu descriptions may not list every ingredient. All meat, fish and poultry dishes may contain small bones. Full alcoholic content (ABVs) and units can be found on our drinks menu or ask to see bottle. Alcohol served over 18's only. GARDEN GOURMET™ - Reg. Trademark used in agreement with the Trademark owner. Cadbury® is a registered trademark of Mondelēz International used under licence. ††Registered Trademark. All prices include VAT. We may occasionally sell out of some of the more popular dishes. If we do, we'll do our very best to offer you the nearest alternative. If you choose to leave a gratuity to thank your server, we want you to know that this goes straight to the person serving you today, in full. Promoter: Whitbread Group PLC, PO Box 777, Dunstable LU5 5XE.



MSC-C-55716
All our pollock and haddock comes from an MSC certified sustainable fishery.
www.msc.org