



Premier Inn

Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut) and products thereof.**

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR Premier Inn ALLERGY INFORMATION GUIDE

Yes The allergen is present

Yes Suitable for ovo-lacto vegetarians/ vegans

No Not suitable for ovo-lacto vegetarians/ vegans



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
DAYTIME								
NIBBLES								
MIXED OLIVES	897	214	21.3	2.2	1.6	0.4	2.5	4.5
TORTILLA CHIPS & HOUMOUS	2471	590	33.7	4.2	53.8	1.9	12.9	1.5
TORTILLA CHIPS & DIP	1613	385	14.8	2.1	54.6	10.8	5.1	1.8
MAINS								
SOUPS & SALADS								
SOUP OF THE DAY - broccoli	845	202	2.3	1.7	36.3	2.5	7.2	2.4
SOUP OF THE DAY - carrot & coriander	933	223	5.0	1.7	36.0	1.9	4.8	2.0
MED GRAIN BOWL	2805	670	35.8	4.0	64.1	9.9	17.4	4.0
HOUSE SANDWICHES								
CHEESE CIABATTA	4588	1096	59.9	30.7	104.0	3.6	32.4	3.5
CHEESE & TOMATO CIABATTA	4638	1108	60.1	30.8	105.8	5.4	32.8	3.5
CHEESE, HAM & TOMATO CIABATTA	4778	1141	61.0	31.1	106.1	5.6	38.8	4.1
VEGAN CHEEZE & TOMATO CIABATTA	3939	941	44.4	18.4	116.9	5.0	15.2	3.5
PIZZA								
MARGHERITA	3248	776	19.8	8.6	115.4	4.4	31.5	5.0
PEPPERONI	3793	906	31.8	12.2	115.6	4.7	36.9	6.2
PLATES								
CHICKEN MAKHANI CURRY	2918	697	27.8	11.9	58.4	8.4	48.7	3.3
SWEET POTATO & SPINACH CURRY	1709	408	8.1	5.4	69.1	10.5	10.2	2.0
RIGATONI BOLOGNESE	4170	996	36.6	12.4	127.1	14.3	34.8	3.9
DESSERT								
TRIPLE CHOCOLATE BROWNIE	2691	643	22.8	13.0	95.9	76.6	10.3	0.3
ICE CREAM	816	195	7.6	4.8	21.8	15.7	9.6	0.2
FRUIT SALAD	444	106	0.2	0.0	22.8	22.8	1.4	0.0
KIDS								
MAINS								
10 VEG TOMATO PASTA	1473	352	8.9	1.9	55.2	7.9	10.2	0.9
MARGHERITA	1305	312	6.7	4.4	49.3	2.6	12.3	1.2
SPAGHETTI BOLOGNESE	1692	404	11.6	3.9	54.4	7.9	18.1	0.6
DESSERTS								
VANILLA ICE CREAM	825	197	7.0	4.5	25.6	16.5	7.6	0.2
FRUIT SALAD	209	50	0.1	0.0	10.8	10.8	0.6	0.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
EVENING								
STARTERS								
PIRI PIRI CHICKEN WINGS X5	1902	454	30.4	5.8	6.2	1.6	38.0	3.4
PIRI PIRI CHICKEN WINGS X10	3346	799	49.8	10.3	10.8	2.2	75.3	6.6
PIRI PIRI CHICKEN WINGS X15	4791	1144	69.1	14.7	15.5	2.8	112.6	9.7
BBQ CHICKEN WINGS X5	1513	361	19.2	4.6	9.7	5.6	37.5	1.8
BBQ CHICKEN WINGS X10	3020	721	38.3	9.2	19.3	11.2	74.9	3.5
BBQ CHICKEN WINGS X15	4533	1083	57.5	13.8	29.1	16.8	112.4	5.3
SALT & PEPPER CALAMARI	2018	482	36.0	2.9	25.1	2.1	13.6	3.7
FISH GOUJONS	1656	395	24.9	1.9	25.8	3.3	15.8	1.4
CAULIFLOWER POPCORN	1280	306	15.6	1.6	35.9	8.0	4.5	1.8
PRAWN COCKTAIL	1727	412	20.4	6.4	37.1	10.5	18.6	1.9
SOUP OF THE DAY - broccoli	845	202	2.3	1.7	36.3	2.5	7.2	2.4
SOUP OF THE DAY - carrot & coriander	933	223	5.0	1.7	36.0	1.9	4.8	2.0
HOUMOUS & FLATBREAD	1859	444	23.7	2.7	39.7	1.4	14.2	1.7
SHARING PLATTER	5252	1255	69.1	10.0	93.3	22.0	58.7	8.0
MAINS								
BURGERS								
THE HOUSE STACK BURGER	5502	1314	75.4	27.3	89.4	13.5	64.8	6.3
ADD TWO STREAKY BACON RASHERS	132	31	2.0	0.6	0.1	0.0	3.2	0.5
THE PLANT BURGER	4075	973	50.1	13.0	96.7	18.0	27.4	4.2
ADD TWO VEGAN THIS ISN'T BACON RASHERS	241	58	2.4	0.2	2.0	0.2	6.3	0.7
PIZZA								
CREATE YOUR OWN PIZZA BASE	4097	978	31.3	15.0	125.7	6.9	44.7	4.6
RED ONIONS	34	8	0.0	0.0	1.6	1.1	0.2	0.0
RED PEPPER	30	7	0.1	0.0	1.3	1.2	0.2	0.0
MUSHROOMS	95	23	2.1	0.2	0.1	0.1	0.5	0.0
CHICKEN	324	77	1.2	0.3	0.1	0.2	16.4	0.6
TOMATO	50	12	0.2	0.1	1.9	1.9	0.4	0.0
RED CHILLIES	3	1	0.0	0.0	0.1	0.1	0.0	0.0
PINEAPPLE	270	65	0.0	0.0	18.3	17.8	0.2	0.0
PEPPERONI	545	130	11.9	3.6	0.2	0.2	5.5	1.2
ROCKET	7	2	0.0	0.0	0.2	0.1	0.1	0.0
HAM	168	40	1.1	0.4	0.3	0.2	7.2	0.6

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
GRILL SHOWN WITHOUT SIDES								
8OZ SIRLOIN STEAK	1625	388	19.6	7.3	4.2	2.1	47.7	1.6
MIXED GRILL	3221	769	47.0	10.5	8.2	3.0	77.3	5.6
UPGRADE 8OZ SIRLOIN	3876	926	54.4	13.9	8.3	3.1	99.7	5.9
10OZ RIBEYE STEAK	2401	574	32.0	13.4	6.4	4.3	64.0	1.6
10OZ CHARGRILLED GAMMON STEAK	2124	507	33.3	2.5	6.4	3.5	44.2	6.2
ADD EGGS	904	216	17.0	3.6	0.1	0.1	15.9	0.0
ADD PINEAPPLE	541	129	0.0	0.0	36.7	35.7	0.4	0.1
ADD ONE OF EACH	723	173	8.5	1.8	18.4	17.9	8.1	0.0
CHARGRILLED SALMON FILLET	1679	401	23.6	3.9	4.5	2.1	41.4	0.4
CHARGRILLED CHICKEN BREAST	965	231	7.3	1.1	4.2	2.4	35.6	1.2
PEPPERCORN SAUCE	123	29	0.7	0.4	4.1	2.2	1.5	0.7
BLUE CHEESE SAUCE	1058	253	25.9	3.2	3.4	2.2	1.4	0.7
BEARNAISE SAUCE	590	141	13.8	8.5	2.9	0.6	0.8	0.6
HOLLANDAISE SAUCE	586	140	13.8	8.5	2.7	0.6	0.8	0.6
THE CLASSICS								
BEEF & ALE PIE	4508	1077	54.3	25.0	104.6	11.9	35.9	3.0
BAKED SPINACH & RICOTTA CANNELLONI	3573	853	39.5	22.9	92.1	22.5	29.4	3.0
RIGATONI BOLOGNESE	3947	943	30.4	10.6	127.9	12.3	35.0	4.0
BEER BATTERED HADDOCK & CHIPS WITH PEAS	3677	878	43.9	5.7	75.8	7.1	43.3	2.3
BEER BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	3836	916	44.0	5.7	82.3	5.8	45.6	2.7
ADD WHITE BREAD & BUTTER	947	226	7.0	3.7	33.8	2.0	6.1	0.8
ADD BROWN BREAD & BUTTER	951	227	6.6	3.5	33.0	1.4	7.0	0.7
CHICKEN MAKHANI CURRY	3224	770	27.9	12.0	76.1	24.0	48.9	3.9
ADD A NAAN BREAD	801	191	2.6	0.2	34.8	0.8	6.2	0.8
SWEET POTATO & SPINACH CURRY	2149	513	8.5	5.5	91.4	26.2	12.7	3.2
SALADS								
COBB SALAD	1725	412	23.6	3.1	36.5	18.0	8.5	0.9
ADD GRILLED CHICKEN	649	155	2.5	0.6	0.1	0.5	32.7	1.1
ADD 4OZ SIRLOIN STEAK	654	156	7.4	3.4	0.1	0.1	22.4	1.3
ADD SALMON FILLET	1363	325	18.8	3.5	0.5	0.2	38.6	0.3
CHICKEN & BACON CAESAR SALAD	2915	696	34.7	8.3	34.8	4.6	58.9	3.4
MED GRAIN BOWL	2805	670	35.8	4.0	64.1	9.9	17.4	4.0
SIDES								
SKIN ON CHIPS	1251	299	11.3	1.8	42.8	0.6	4.2	1.1
BEER BATTERED ONION RINGS	1172	280	15.0	1.2	31.3	4.2	3.8	0.7
HOUSE SALAD	197	47	2.2	0.3	5.3	4.7	1.0	0.1
CREAMY MASHED POTATO	1191	284	15.4	9.6	30.5	1.1	4.1	1.2
TENDERSTEM BROCCOLI & GARDEN PEAS	447	107	1.3	0.4	11.0	6.4	8.7	0.1
MACARONI CHEESE	1689	403	23.2	14.1	30.6	3.6	17.5	1.2
DESSERTS								
STICKY TOFFEE PUDDING	2739	654	34.9	15.4	78.6	55.4	5.8	0.5
TRIPLE CHOCOLATE BROWNIE	2691	643	22.8	13.0	95.9	76.6	10.3	0.3
NEW YORK CHEESECAKE	1815	434	16.5	7.6	61.3	42.6	9.2	0.5
VANILLA ICE CREAM	816	195	7.6	4.8	21.8	15.7	9.6	0.2
CADBURY® NIBBLES ICE CREAM SUNDAE	1940	463	19.5	12.4	58.9	49.5	12.4	0.3
FRUIT SALAD	444	106	0.2	0.0	22.8	22.8	1.4	0.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
KIDS								
STARTERS								
BAKED FLATBREAD WITH GARLIC	792	189	5.0	1.4	29.6	0.3	5.6	0.7
VEGGIE STICKS	129	31	0.2	0.0	4.3	4.1	2.6	0.0
MAINS								
OVEN BAKED FISH BITES	1855	443	19.2	1.9	47.3	1.9	19.0	1.4
MAC & CHEESE	1130	270	7.3	4.0	38.8	3.5	10.4	0.7
10 VEG TOMATO PASTA	985	235	3.8	0.5	40.8	6.8	7.5	0.6
MARGHERITA PIZZA	1858	444	12.7	5.3	62.0	1.8	18.5	2.0
OVEN BAKED POPPIN' CHICKEN	1219	291	12.8	2.0	30.6	0.3	12.4	0.9
SPAGHETTI BOLOGNESE	1204	288	6.5	2.5	40.0	6.8	15.4	0.3
BEEF BURGER	2189	523	23.9	8.8	46.3	1.8	27.8	1.1
4OZ* SIRLOIN	1280	306	13.1	4.3	21.5	0.4	24.5	0.8
GRILLED CHICKEN BREAST	950	227	6.9	1.2	21.4	0.5	18.4	1.1
SIDES								
VEG BATONS	47	11	0.1	0.0	1.9	1.8	0.4	0.0
CORN ON COB	200	48	1.1	0.2	5.7	1.5	2.2	0.0
BAKED BEANS	174	41	0.1	0.0	6.7	2.7	2.5	0.3
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
DESSERTS								
VANILLA ICE CREAM	825	197	7.0	4.5	25.6	16.5	7.6	0.2
CHOCOLATE BROWNIE	1044	249	13.2	7.1	26.5	20.5	5.4	0.3
PANCAKES	1057	252	6.2	2.6	44.2	28.1	4.1	0.4
FRUIT SALAD	209	50	0.1	0.0	10.8	10.8	0.6	0.0
SWEET TREAT per treat								
LEMON DRIZZLE SQUARES	558	133	5.5	0.6	19.0	11.4	1.8	0.3
TRIPLE CHOCOLATE BROWNIE	2183	521	20.0	11.3	75.5	59.3	6.7	0.2
BLUEBERRY MUFFIN	984	235	9.3	0.9	34.5	17.0	3.0	0.2
CROISSANT	850	203	12.1	7.7	19.4	3.1	3.8	0.3
PAIN AU CHOCOLAT	692	165	9.4	5.1	16.8	5.2	2.7	0.3
CHOCOLATE CHIP COOKIE	1390	332	16.3	8.3	41.8	27.9	3.7	0.3

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?		
PI IGF ALLERGY DATA NOV 2022																												
CONTINENTAL BREAKFAST MENU																												
BAKERY																												
PAIN AU CHOCOLAT	Yes				Yes	Yes	Yes																			No	Yes	
CROISSANT	Yes						Yes	Yes																			No	Yes
BLUEBERRY MUFFIN	Yes					Yes	Yes																				No	Yes
PANCAKE	Yes					Yes	Yes																				No	Yes
SOURDOUGH CRUMPET	Yes																										Yes	Yes
SOURDOUGH MUFFIN	Yes				Yes																						Yes	Yes
YOGURTS & CEREALS																												
PORRIDGE WITH MILK				Yes			Yes																				No	Yes
Oats2Go Porridge Sachets (10000838)				Yes																							Yes	Yes
Semi Skimmed Milk (10001941)							Yes																				No	Yes
PORRIDGE WITH SOYA DRINK				Yes	Yes																						Yes	Yes
Oats2Go Porridge Sachets (10000838)				Yes																							Yes	Yes
Alpro Soya Drink (54298, 60213)					Yes																						Yes	Yes
GRANOLA	Yes			Yes																							No	Yes
MUESLI FRUIT	Yes	Yes	Yes	Yes	Yes			Yes								Yes											No	Yes
SPECIAL K	Yes			Yes																							No	Yes
COCO POPS BAG PACK				Yes																							No	Yes
CORNFLAKES				Yes																							No	Yes
WEETABIX	Yes			Yes																							Yes	Yes
RICE KRISPIES				Yes																							No	Yes
NATURAL YOGHURT								Yes																			No	Yes
STRAWBERRY YOGHURT								Yes																			No	Yes
SLICED BREAD																												
WHITE BREAD	Yes																										Yes	Yes
MALTED BROWN BREAD	Yes		Yes																								Yes	Yes
GLUTEN FREE BREAD						Yes																					No	Yes
FRUITS																												
BANANAS																											Yes	Yes
FRUIT BERRY MIX																											Yes	Yes
EASY PEELERS																											No	Yes
APPLES GREEN																											Yes	Yes
FRESH FRUIT SALAD																											Yes	Yes
PRESERVE, SPREADS AND JAMS																												
ASSORTED JAM																											Yes	Yes
PEANUT BUTTER														Yes													Yes	Yes
HONEY																											No	Yes
ORANGE MARMALADE																											Yes	Yes
HAZELNUT SPREADS					Yes		Yes											Yes									No	Yes
Jim Jams Hazelnut Chocolate Spread Portions (10000838)							Yes											Yes									No	Yes
Nutella Choc Spread Portions (53496)					Yes		Yes											Yes									No	Yes
MAPLE SYRUP																											Yes	Yes
MARMITE	Yes	Yes	Yes	Yes							Yes																Yes	Yes
SUNFLOWER SPREAD																											Yes	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SALTED BUTTER							Yes																		No	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
HOT BREAKFAST																											
EGGS - SCRAMBLED						Yes	Yes																			No	Yes
Cage Free Med Barn Eggs (10001067)						Yes																				No	Yes
Semi Skimmed Milk (10001941)							Yes																			No	Yes
Table Salt (48046, 54744)																										Yes	Yes
UHT Whipping Cream (24097)							Yes																			No	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
EGGS - FRIED						Yes																				No	Yes
Cage Free Med Barn Eggs (10001067)						Yes																				No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
EGGS - POACHED						Yes																				No	Yes
Cage Free Med Barn Eggs (10001067)						Yes																				No	Yes
EGGS - BOILED						Yes																				No	Yes
Cage Free Med Barn Eggs (10001067)						Yes																				No	Yes
HASH BROWNS																										Yes	Yes
Hash Browns (10001329, 10000446)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
BACK BACON RASHERS																										No	No
THIS ISN'T BACON						Yes																				Yes	Yes
Vegan Bacon (10003277)						Yes																				Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
PREMIUM SAUSAGES	Yes													Yes												No	No
VEGAN SAUSAGE						Yes																				Yes	Yes
BAKED BEANS																										Yes	Yes
BLACK PUDDING	Yes		Yes																							No	No
GRILLED TOMATO HALF																										Yes	Yes
Tomato M (54216)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
MUSHROOMS																										Yes	Yes
Mushroom Cup (54218)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Table Salt (48046, 54744)																										Yes	Yes
TEA, COFFEE & JUICE																											
HOT DRINKS																											
COFFEE																										Yes	Yes
VARIOUS TEAS																										Yes	Yes
ADD MILK							Yes																			No	Yes
Semi Skimmed Milk (10001941)							Yes																			No	Yes
WHITE SUGAR SACHETS																										Yes	Yes
White Sugar Sachets (10002463)																										Yes	Yes
DEMERRA BROWN SUGAR SACHETS																										Yes	Yes
Demerra Sachet Sugar Brown (10002462)																										Yes	Yes
COLD DRINKS																											
CRANBERRY JUICE DRINK																										Yes	Yes
APPLE JUICE																										Yes	Yes
ORANGE JUICE																										Yes	Yes
SEMI SKIMMED MILK							Yes																			No	Yes
WHOLE MILK							Yes																			No	Yes
ALPRO SOYA DRINK					Yes																					Yes	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
DAYTIME MENU																											
NIBBLES																											
MIXED OLIVES																											
Mixed Stoned Olives (10003622)																										Yes	Yes
TORTILLA CHIPS & HOUMOUS																											
Tortilla Chips (10003312)											Yes															Yes	Yes
Houmous (10003581)											Yes															Yes	Yes
Chillies Red (54235)																										Yes	Yes
TORTILLA CHIPS & DIP																											
Tortilla Chips (10003312)																										Yes	Yes
Tomato Salsa Dip (10002616)																										Yes	Yes
Chillies Red (54235)																										Yes	Yes
SOUPS & SALADS																											
SOUP OF THE DAY																											
Soup of the Day (10001766)	Yes	Yes																								Yes	Yes
Ciabatta Loaf (10000902)	Yes	Yes																								Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
MED GRAIN BOWL																											
Mixed Grains (10002577)	Yes										Yes		Yes			Yes										Yes	Yes
Houmous (10003581)											Yes															Yes	Yes
Mixed Stoned Olives (10003622)																										Yes	Yes
Extra Virgin Olive Oil (54377)																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)														Yes												Yes	Yes
Cucumber Cat II (54220)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
Dough Discs (10003071)	Yes																									Yes	Yes
SANDWICHES																											
CHEESE CIABATTA																											
Ciabatta Loaf (10000902)	Yes	Yes					Yes						Yes			Yes										No	Yes
French Dressing (53514)	Yes	Yes											Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																			No	Yes
Cheese Slices (51545)							Yes																			No	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
Pipers Anglesey Sea Salt Crisps																										Yes	Yes
VEGAN CHEEZE & TOMATO CIABATTA																											
Ciabatta Loaf (10000902)	Yes	Yes											Yes			Yes										Yes	Yes
Larderfresh Sunflower Spread (47177)	Yes	Yes																								Yes	Yes
Pipers Anglesey Sea Salt Crisps																										Yes	Yes
Vegan Sliced Cheese																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Tomato M (54216)																										Yes	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
CHEESE & TOMATO CIABATTA	Yes	Yes					Yes						Yes			Yes									No	Yes	
Ciabatta Loaf (10000902)	Yes	Yes																								Yes	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																			No	Yes
Cheese Slices (51545)							Yes																			No	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
Pipers Anglesey Sea Salt Crisps																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
CHEESE, HAM & TOMATO CIABATTA	Yes	Yes					Yes						Yes			Yes										No	No
Ciabatta Loaf (10000902)	Yes	Yes																								Yes	Yes
Ham Sliced																										No	No
Mozzarella/Mildcheddar Mix (54491)							Yes																			No	Yes
Cheese Slices (51545)							Yes																			No	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
Pipers Anglesey Sea Salt Crisps																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
PLATES																											
CHICKEN MAKHANI CURRY							Yes																			No	No
Fresh Herbs Coriander (54239)																										Yes	Yes
Pappodums (51643)																										Yes	Yes
Chicken Makhani (50375)							Yes																			No	No
Long Grain Rice (10002397)																										Yes	Yes
Chillies Red (54235)																										Yes	Yes
Onions Spring Bunch (54250)																										Yes	Yes
ADD A NAAN BREAD	Yes																									Yes	Yes
Plain Naan (10003562)	Yes																									Yes	Yes
SWEET POTATO & SPINACH CURRY													Yes													Yes	Yes
Fresh Herbs Coriander (54239)																										Yes	Yes
Pappodums (51643)																										Yes	Yes
Sweet Pot & Spinach Curry (10003630)													Yes													Yes	Yes
Long Grain Rice (10002397)																										Yes	Yes
Onions Spring Bunch (54250)																										Yes	Yes
Chillies Red (54235)																										Yes	Yes
RIGATONI BOLOGNESE	Yes						Yes					Yes				Yes										No	No
Garlic Bread Slices (53571)	Yes						Yes																			No	Yes
Rocket Leaf (54258)																										Yes	Yes
Rigatoni Bolognese (10001312)												Yes				Yes										No	No

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
HOT DRINKS																											
AMERICANO BLACK																									Yes	Yes	
Grand Cafe RFA R&G Filter Coffee (10003147)																										Yes	Yes
Demerra Sachet Sugar Brown (10002462)																										Yes	Yes
White Sugar Sachets (10002463)																										Yes	Yes
AMERICANO WHITE						Yes																			No	Yes	
Grand Cafe RFA R&G Filter Coffee (10003147)						Yes																				Yes	Yes
Semi Skimmed Milk (10001941)						Yes																				No	Yes
Demerra Sachet Sugar Brown (10002462)																										Yes	Yes
White Sugar Sachets (10002463)																										Yes	Yes
CAPPUCCINO						Yes																			No	Yes	
Semi Skimmed Milk (10001941)						Yes																				No	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)																										Yes	Yes
Hot Chocolate Powder UCC (10003272)							Yes																			No	Yes
Demerra Sachet Sugar Brown (10002462)																										Yes	Yes
White Sugar Sachets (10002463)																										Yes	Yes
LATTE						Yes																			No	Yes	
Semi Skimmed Milk (10001941)						Yes																				No	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)																										Yes	Yes
Demerra Sachet Sugar Brown (10002462)																										Yes	Yes
White Sugar Sachets (10002463)																										Yes	Yes
ESPRESSO																										Yes	Yes
Grand Cafe RFA R&G Filter Coffee (10003147)																										Yes	Yes
Demerra Sachet Sugar Brown (10002462)																										Yes	Yes
White Sugar Sachets (10002463)																										Yes	Yes
HOT CHOCOLATE						Yes																			No	Yes	
Semi Skimmed Milk (10001941)						Yes																				No	Yes
Hot Chocolate Powder UCC (10003272)						Yes																				No	Yes
Demerra Sachet Sugar Brown (10002462)																										Yes	Yes
White Sugar Sachets (10002463)																										Yes	Yes
PG TIPS TEA																										Yes	Yes
PG Camomile Tea (10002034)																										Yes	Yes
PG Decaf Tea (10002037)																										Yes	Yes
PG Earl Grey Tea (10002036)																										Yes	Yes
PG Green Tea (10002027)																										Yes	Yes
PG Mint Tea (10002035)																										Yes	Yes
PG Raspberry Tea (10002033)																										Yes	Yes
PG Tips Envelop Black Tea (10002482)																										Yes	Yes
ADD MILK						Yes																			No	Yes	
Semi Skimmed Milk (10001941)						Yes																				No	Yes
ADD SUGAR																										Yes	Yes
Demerra Sachet Sugar Brown (10002462)																										Yes	Yes
White Sugar Sachets (10002463)																										Yes	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SWEET TREATS																										
LEMON DRIZZLE SQUARE	Yes					Yes	Yes																		No	Yes
Mini Lemon Drizzle Cake (10001746)	Yes					Yes	Yes																		No	Yes
TRIPLE CHOCOLATE BROWNIE	Yes				Yes	Yes	Yes																		No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes
Reduced Sugar Ice Cream Kids (10002011)							Yes																		No	Yes
Chocolate Sauce NEW					Yes																				Yes	Yes
BLUEBERRY MUFFIN	Yes					Yes	Yes																		No	Yes
Blueberry Muffin (10002737)	Yes					Yes	Yes																		No	Yes
CROISSANT	Yes					Yes	Yes																		No	Yes
Croissant 20 (51768)	Yes					Yes	Yes																		No	Yes
PAIN AU CHOCOLAT	Yes				Yes	Yes	Yes																		No	Yes
Mini Pain Aux Chocolat (10000935)	Yes				Yes	Yes	Yes																		No	Yes
CHOCOLATE CHIP COOKIE	Yes				Yes	Yes	Yes																		No	Yes
Cookie Dough Puck (10003299)	Yes				Yes	Yes	Yes																		No	Yes
FOR THE LITTLE ONES																										
MAINS																										
10 VEG TOMATO PASTA	Yes						Yes					Yes													No	Yes
Tomato Pasta Kids (10001986)	Yes											Yes													Yes	Yes
Garlic Bread Slices (53571)	Yes						Yes																		No	Yes
MARGHERITA PIZZA	Yes						Yes																		No	Yes
Kids 7 Inch Pizza (10002840)	Yes						Yes																		No	Yes
SPAGHETTI BOLOGNESE	Yes						Yes																		No	No
Garlic Bread Slices (53571)	Yes						Yes																		No	Yes
Spaghetti Bolognese (10002485)	Yes																								No	No
DESSERTS																										
VANILLA ICE CREAM	Yes				Yes	Yes	Yes																		No	Yes
Chocstix (54617)					Yes		Yes																		No	Yes
Pompadour Fan Wafer (42756)	Yes				Yes	Yes	Yes																		No	Yes
Reduced Sugar Ice Cream Kids (10002011)							Yes																		No	Yes
FRUIT SALAD																									Yes	Yes
Del Monte Fresh Fruit (52205)																									Yes	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
EVENING MENU																											
STARTERS																											
SALT & PEPPER CALAMARI	Yes					Yes				Yes			Yes													No	No
Lemon Garlic Mayo (10000623)						Yes																				No	Yes
Calamari (10000512)	Yes								Yes																	No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Lemons (54602, 54722)																										No	Yes
Chillies Red (54235)																										Yes	Yes
Cracked Black Peppercorns (10003298)																										Yes	Yes
Fresh Herbs Parsley (54241)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
FISH GOUJONS	Yes					Yes		Yes					Yes													No	No
Tartare Sauce (10002833)						Yes							Yes													No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Fish Goujons	Yes							Yes																		No	No
Lemons (54602, 54722)																										No	Yes
CAULIFLOWER POPCORN	Yes												Yes			Yes										Yes	Yes
Battered Cauliflower Wings (10001910)	Yes																									Yes	Yes
Red Pepper & Harrisia Sauce (10001427)																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
PRAWN COCKTAIL	Yes	Yes				Yes	Yes		Yes				Yes													No	No
Paprika Pepper (48048)																										Yes	Yes
Seafood Sauce (54050)						Yes							Yes													No	Yes
Salted Block Butter (10001077)							Yes																			No	Yes
Warm Water Prawn 91-110 (10002189)									Yes																	No	No
Ciabatta Loaf (10000902)	Yes	Yes																								Yes	Yes
Cucumber Cat II (54220)																										Yes	Yes
Lemons (54602, 54722)																										No	Yes
Lettuce Cos (54222)																										Yes	Yes
Tomato M (54216)																										Yes	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SOUP OF THE DAY																										
Soup of the Day (10001766)	Yes	Yes																							Yes	Yes
Ciabatta Loaf (10000902)	Yes	Yes																							Yes	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
HOUMOUS & FLATBREAD																										
Extra Virgin Olive Oil (54377)	Yes										Yes		Yes			Yes									Yes	Yes
Houmous (10003581)										Yes															Yes	Yes
Dough Discs (10003071)	Yes																								Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Rocket Leaf (54258)													Yes												Yes	Yes
SHARING PLATTER																										
Battered Cauliflower Wings (10001910)	Yes		Yes								Yes		Yes			Yes									No	No
Single Joint Chicken Wing (10001902)	Yes																								Yes	Yes
Fresh Herbs Coriander (54239)																									No	No
Red Pepper & Harrisra Sauce (10001427)																									Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
Houmous (10003581)										Yes			Yes												Yes	Yes
Mixed Stoned Olives (10003622)																									Yes	Yes
Cucumber Cat II (54220)														Yes											Yes	Yes
French Dressing (53514)													Yes			Yes									Yes	Yes
Rocket Leaf (54258)													Yes												Yes	Yes
Dough Discs (10003071)	Yes																								Yes	Yes
Chillies Red (54235)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
WINGS																										
PIRI PIRI CHICKEN WINGS																										
Single Joint Chicken Wing (10001902)					Yes	Yes							Yes			Yes									No	No
Piri Piri Sauce (53253)																Yes									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Blue Cheese Dressing (10002990)					Yes	Yes							Yes												No	Yes
Fresh Herbs Parsley (54241)																									Yes	Yes
BBQ CHICKEN WINGS																										
Single Joint Chicken Wing (10001902)			Yes										Yes												No	No
Fresh Herbs Coriander (54239)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Signature BBQ Sauce (10003022)			Yes										Yes												Yes	Yes
Chillies Red (54235)																									Yes	Yes
BURGERS																										
THE SOCIAL STACK BURGER																										
Brioche Bun (54523)	Yes				Yes	Yes							Yes												No	No
Table Salt (54744)	Yes				Yes	Yes																			Yes	Yes
Vegan Burger Sauce (10002205)													Yes												Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cheese Slices (51545)						Yes																			No	Yes
Signature Beef Burger (10003025)																									No	No
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
Chips Skin-On (54547)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Coleslaw Mix (10001143, 10001144)																									Yes	Yes
Mayonnaise Light (54568)					Yes								Yes												No	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
ADD TWO STREAKY BACON RASHERS																									No	No
Smoked Dry Cured Streaky Bacon (54125)																									No	No

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
THE PLANT BURGER	Yes		Yes		Yes								Yes												Yes	Yes	
Vegan Burger Sauce (10002205)													Yes													Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Vegan Sliced Cheese																										Yes	Yes
Garden Gourmet Vegan Burger (10002832)	Yes		Yes		Yes																					Yes	Yes
Burger Bun Vegan (10003635)	Yes																									Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
Chips Skin-On (54547)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Coleslaw Mix (10001143, 10001144)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Vegan Burger Sauce (10002205)													Yes													Yes	Yes
ADD TWO VEGAN BACON RASHERS					Yes																					Yes	Yes
Vegan Bacon (10003277)					Yes																					Yes	Yes

PIZZA

CREATE YOUR OWN PIZZA (BASE ONLY)	Yes						Yes																			No	Yes	
Dough Discs (10003071)	Yes																										Yes	Yes
Tomato Pizza Topping (52636)																										Yes	Yes	
Mozzarella/Mildcheddar Mix (54491)							Yes																			No	Yes	

CHOOSE 3 TOPPINGS

MUSHROOM																										Yes	Yes
Mushroom Cup (54218)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
CHICKEN																										No	No
RED CHILLI																										Yes	Yes
RED ONION																										Yes	Yes
RED PEPPER																										Yes	Yes
ROCKET LEAF																										Yes	Yes
PEPPERONI																										No	No
PINEAPPLE																										Yes	Yes
HAM																										No	No
TOMATO																										Yes	Yes

THE CLASSICS

BEEF & ALE PIE	Yes		Yes		Yes	Yes																				No	No
Vegan Gravy (10001769)																										Yes	Yes
Beef & Ale Pie (10003070)	Yes		Yes		Yes	Yes																				No	No
Mash Potato (51094)						Yes																				No	Yes
Peas Grade A (53692)																										Yes	Yes
Tender Stem Broccoli (10003634)																										Yes	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
BAKED SPINACH & RICOTTA CANNELLONI	Yes					Yes						Yes	Yes			Yes										No	Yes
Cannelloni Pieces (10001896)	Yes					Yes					Yes	Yes				Yes										No	Yes
Tomato Pizza Topping (52636)																										Yes	Yes
UHT Whipping Cream (24097)							Yes																			No	Yes
Mozzarella/Mildcheddar Mix (54491)						Yes																				No	Yes
French Dressing (53514)														Yes		Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Dough Discs (10003071)	Yes																									Yes	Yes
Garlic & Parsley Butter Blend (48641)						Yes																				No	Yes
French Dressing (53514)												Yes				Yes										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
Onions Red (10002596)																									Yes	Yes	
Pepper Red (54226, 10000329)																										Yes	Yes
Tomato M (54216)																										Yes	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
RIGATONI BOLOGNESE	Yes						Yes					Yes	Yes			Yes									No	No	
Rigatoni Bolognese (10001312)												Yes	Yes			Yes										No	No
Dough Discs (10003071)	Yes																									Yes	Yes
Garlic & Parsley Butter Blend (48641)							Yes																			No	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
BEER BATTERED HADDOCK & CHIPS	Yes		Yes			Yes		Yes					Yes													No	No
Tartare Sauce (10002833)						Yes							Yes													No	Yes
Haddock Fillet MSC (54086)								Yes																		No	No
Plain Flour (52330)	Yes																									Yes	Yes
Table Salt (54744)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Batter Mix (51665)	Yes																									Yes	Yes
Doombar Packaged Ale (900309)			YES																							No	No
Chips Skin-On (54547)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Lemons (54602, 54722)																										No	Yes
ADD BROWN BREAD	Yes		Yes				Yes																			Yes	Yes
Malted Brown Sandwich Tin Bread (51368)	Yes		Yes																							Yes	Yes
Salted Butter PTN (54661)							Yes																			No	Yes
ADD WHITE BREAD	Yes						Yes																			No	Yes
White Sandwich Tin Bread (51367)	Yes																									Yes	Yes
Salted Butter PTN (54661)							Yes																			No	Yes
ADD MUSHY PEAS																										Yes	Yes
Mushy Peas (53507)																										Yes	Yes
ADD PEAS																										Yes	Yes
Peas Grade A (53692)																										Yes	Yes
CHICKEN MAKHANI CURRY	Yes						Yes																			No	No
Fresh Herbs Coriander (54239)																										Yes	Yes
Mango Chutney (10003499)																										Yes	Yes
Pappodums (51643)																										Yes	Yes
Chicken Makhani (50375)							Yes																			No	No
Long Grain Rice (10002397)																										Yes	Yes
Chillies Red (54235)																										Yes	Yes
Onions Spring Bunch (54250)																										Yes	Yes
ADD A NAAN BREAD	Yes																									Yes	Yes
Plain Naan (10003562)	Yes																									Yes	Yes
SWEET POTATO & SPINACH CURRY												Yes														Yes	Yes
Fresh Herbs Coriander (54239)																										Yes	Yes
Mango Chutney (10003499)																										Yes	Yes
Pappodums (51643)																										Yes	Yes
Sweet Pot & Spinach Curry (10003630)												Yes														Yes	Yes
Long Grain Rice (10002397)																										Yes	Yes
Chillies Red (54235)																										Yes	Yes
Onions Spring Bunch (54250)																										Yes	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
SIDES																										
SKIN ON CHIPS																									Yes	Yes
Chips Skin-On (54547)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
CREAMY MASHED POTATO						Yes																			No	Yes
Mash Potato (51094)						Yes																			No	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
TENDERSTEM BROCCOLI & GARDEN PEAS																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Tender Stem Broccoli (10003634)																									Yes	Yes
BEER BATTERED ONION RINGS	Yes		Yes																						No	No
Beer Battered Onion Rings (10001075)	Yes		Yes																						Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
MACARONI CHEESE	Yes						Yes																		No	Yes
Mac & Cheese (10003296)	Yes						Yes																		No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
HOUSE SALAD												Yes				Yes									Yes	Yes
Cucumber Cat II (54220)																									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Onions Red (10002596)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
French Dressing (53514)											Yes					Yes									Yes	Yes
GRILL																										
30 DAY AGED 8OZ* SIRLOIN STEAK												Yes				Yes									No	No
Mushroom Flat (54219)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
8oz Fresh Sirloin (10001659)																									No	No
French Dressing (53514)											Yes					Yes									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
30 DAY AGED 10OZ* RIBEYE STEAK												Yes				Yes									No	No
Mushroom Flat (54219)																									Yes	Yes
Table Salt (54744)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
10oz Fresh Ribeye (10001660)																									No	No
French Dressing (53514)											Yes					Yes									Yes	Yes
Rocket Leaf (54258)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
10OZ* CHARGILLED GAMMON STEAK						Yes																			No	No
Horseshoe Gammon 10oz (52323)																									No	No
Peas Grade A (53692)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD FRIED EGGS						Yes																			No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																			No	Yes
ADD PINEAPPLE RINGS																									Yes	Yes
Sliced Pineapple In Juice (51019)																									Yes	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
ADD 1 EGG & 1 PINEAPPLE RING						Yes																			No	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																				No	Yes
Sliced Pineapple In Juice (51019)																										Yes	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
MIXED GRILL	Yes				Yes								Yes			Yes									No	No	
Chicken Breast Fillets (52693)													Yes			Yes										No	No
Horseshoe Gammon 10oz (52323)																										No	No
Mushroom Flat (54219)																										Yes	Yes
PI Breakfast Pork Sausage (10001400)	Yes																Yes									No	No
Table Salt (54744)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																				No	Yes
Tomato M (54216)																										Yes	Yes
UPGRADE 8OZ* SIRLOIN																										No	No
8oz Frozen Sirloin Steak (10002054)																										No	No
CHARGILLED SALMON FILLET								Yes					Yes			Yes										No	No
Mushroom Flat (54219)																										Yes	Yes
Skin-On Salmon Portions (10000657)								Yes																		No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
Lemons (54602, 54722)																										No	Yes
CHARGILLED CHICKEN BREAST													Yes			Yes										No	No
Chicken Breast Fillets (52693)																										No	No
Mushroom Flat (54219)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
PICK YOUR ACCOMPANIMENT																											
SKIN ON CHIPS																										Yes	Yes
Chips Skin-On (54547)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
CREAMY MASHED POTATO						Yes																				No	Yes
Mash Potato (51094)						Yes																				No	Yes
Salted Block Butter (10001077)						Yes																				No	Yes
TENDERSTEM BROCCOLI & GARDEN PEAS																										Yes	Yes
Peas Grade A (53692)																										Yes	Yes
Tender Stem Broccoli (10003634)																										Yes	Yes
HOUSE SALAD													Yes			Yes										Yes	Yes
Cucumber Cat II (54220)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
PICK YOUR SAUCE																											
PEPPERCORN SAUCE							Yes					Yes														No	No
Peppercorn Sauce Small (10002920)							Yes					Yes														No	No
BLUE CHEESE SAUCE						Yes	Yes						Yes													No	Yes
Blue Cheese Dressing (10002990)						Yes	Yes						Yes													No	Yes
BEARNAISE SAUCE						Yes	Yes									Yes										No	Yes
Hollandaise Sauce (10001762)						Yes	Yes									Yes										No	Yes
Fresh Herbs Tarragon (54246)																										Yes	Yes
HOLLANDAISE SAUCE						Yes	Yes									Yes										No	Yes
Hollandaise Sauce (10001762)						Yes	Yes									Yes										No	Yes
SALADS																											
COBB SALAD	Yes		Yes					Yes					Yes			Yes										Yes	Yes
Avocado Halves (10000498)																										Yes	Yes
Coleslaw Mix (10001143, 10001144)																										Yes	Yes
Corn On Cob Bites (10002478)																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Cucumber Cat II (54220)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Malted Brown Sandwich Tin Bread (51368)	Yes		Yes																							Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
ADD GRILLED CHICKEN																										No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Table Salt (54744)																										Yes	Yes
Chicken Breast Fillets (52693)																										No	No
ADD 4OZ* SIRLOIN STEAK																										No	No
8oz Fresh Sirloin (10001659)																										No	No
Table Salt (54744)																										Yes	Yes
ADD SALMON FILLET								Yes																		No	No
Skin-On Salmon Portions (10000657)								Yes																		No	No
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
CHICKEN & BACON CAESAR SALAD	Yes					Yes	Yes						Yes													No	No
Caesar Dressing Red Cal (54032)						Yes	Yes						Yes													No	Yes
Chicken Breast Fillets (52693)																										No	No
Smoked Dry Cured Streaky Bacon (54125)																										No	No
Cage Free Med Barn Eggs (10001067)						Yes																				No	Yes
Dough Discs (10003071)	Yes																									Yes	Yes
Garlic & Parsley Butter Blend (48641)							Yes																			No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																			No	Yes
Lettuce Cos (54222)																										Yes	Yes
MED GRAIN BOWL	Yes										Yes		Yes			Yes										Yes	Yes
Extra Virgin Olive Oil (54377)																										Yes	Yes
Mixed Grains (10002577)																										Yes	Yes
Houmous (10003581)											Yes															Yes	Yes
Mixed Stoned Olives (10003622)																										Yes	Yes
Cucumber Cat II (54220)																										Yes	Yes
French Dressing (53514)													Yes			Yes										Yes	Yes
Rocket Leaf (54258)																										Yes	Yes
Dough Discs (10003071)	Yes																									Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes

Ingredient / Dish Name Tomato M (54216)	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
																								Yes	Yes	

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
DESSERTS																										
STICKY TOFFEE PUDDING	Yes					Yes	Yes																		No	Yes
Sticky Toffee Pudding (54179)	Yes					Yes	Yes																		No	Yes
Reduced Sugar Ice Cream Kids (10002011)							Yes																		No	Yes
TRIPLE CHOCOLATE BROWNIE	Yes				Yes	Yes	Yes																		No	Yes
Triple Chocolate Brownie (10001489)	Yes				Yes	Yes	Yes																		No	Yes
Reduced Sugar Ice Cream Kids (10002011)							Yes																		No	Yes
Chocolate Sauce NEW					Yes																				Yes	Yes
NEW YORK CHEESECAKE						Yes	Yes																		No	Yes
Baked Cheesecake (10003082)						Yes	Yes																		No	Yes
Fruit Berry Mix (10003254)																									Yes	Yes
VANILLA ICE CREAM							Yes																		No	Yes
Reduced Sugar Ice Cream Kids (10002011)							Yes																		No	Yes
CADBURY NIBBLES ICE CREAM SUNDAE					Yes	Yes																			No	Yes
Chocstix (54617)					Yes	Yes																			No	Yes
Dairy Aerosol Cream (52672)						Yes																			No	Yes
Reduced Sugar Ice Cream Kids (10002011)							Yes																		No	Yes
Cadbury Caramel Pieces (10001378)						Yes																			No	Yes
Chocolate Sauce NEW					Yes																				Yes	Yes
FRUIT SALAD																									Yes	Yes
Del Monte Fresh Fruit (52205)																									Yes	Yes
Strawberries (54259)																									Yes	Yes
KIDS MENU																										
STARTERS																										
BAKED FLATBREAD WITH GARLIC	Yes					Yes																			No	Yes
Dough Discs (10003071)	Yes																								Yes	Yes
Garlic & Parsley Butter Blend (48641)						Yes																			No	Yes
Plain Flour (52330)	Yes																								Yes	Yes
VEGGIE STICKS						Yes																			No	Yes
Cucumber Cat II (54220)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Fresh Herbs Mint (54242)																									Yes	Yes
Greek Yoghurt (53510)						Yes																			No	Yes
Cucumber Cat II (54220)																									Yes	Yes
MAINS																										
OVEN BAKED FISH BITES	Yes						Yes																		No	No
Pollock Nuggets 25g (10001991)	Yes						Yes																		No	No
Chips Skin-On (54547)																									Yes	Yes
MAC & CHEESE	Yes					Yes							Yes												No	Yes
Mac & Cheese Kids (10001962)	Yes					Yes							Yes												No	Yes
MARGHERITA PIZZA	Yes					Yes						Yes													No	Yes
Tomato Sauce Childrens Menu (10001965)											Yes														Yes	Yes
Dough Discs (10003071)	Yes																								Yes	Yes
Plain Flour (52330)	Yes																								Yes	Yes
Mozzarella/Mildcheddar Mix (54491)						Yes																			No	Yes

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
40Z* SIRLOIN																									No	No
Chips Skin-On (54547)																									Yes	Yes
8oz Fresh Sirloin (10001659)																									No	No

Ingredient / Dish Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
GRILLED CHICKEN BREAST																									No	No	
Chicken Breast Fillets (52693)																										No	No
Chips Skin-On (54547)																									Yes	Yes	
10 VEG TOMATO PASTA	Yes											Yes														Yes	Yes
Tomato Pasta Kids (10001986)	Yes											Yes														Yes	Yes
SPAGHETTI BOLOGNESE	Yes																									No	No
Spaghetti Bolognese (10002485)	Yes																									No	No
OVEN BAKED POPPIN CHICKEN	Yes						Yes																			No	No
Chips Skin-On (54547)							Yes																			Yes	Yes
Mini Chicken Chunks (52926)	Yes						Yes																			No	No
BEEF BURGER WITH CHIPS	Yes					Yes																				No	No
Burger Buns Kids (54107)	Yes					Yes																				No	No
Chips Skin-On (54547)						Yes																				Yes	Yes
Signature Beef Burger (10003025)																										No	No
Lettuce Cos (54222)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
PICK TWO YUMMY SIDES																											
PEAS																										Yes	Yes
Peas Grade A (53692)																										Yes	Yes
VEGGIE STICKS																										Yes	Yes
Cucumber Cat II (54220)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
CORN ON THE COBS																										Yes	Yes
Corn On Cob Bites (10002478)																										Yes	Yes
BAKED BEANS																										Yes	Yes
Baked Beans In Tomato Sauce (10001944)																										Yes	Yes
DESSERTS																											
VANILLA ICE CREAM	Yes				Yes	Yes	Yes																			No	Yes
Chocstix (54617)					Yes		Yes																			No	Yes
Pompadour Fan Wafer (42756)	Yes				Yes	Yes	Yes																			No	Yes
Reduced Sugar Ice Cream Kids (10002011)							Yes																			No	Yes
CHOCOLATE BROWNIE	Yes				Yes	Yes	Yes																			No	Yes
Chocolate Brownie Slab (10003210)	Yes				Yes	Yes	Yes																			No	Yes
Reduced Sugar Ice Cream Kids (10002011)							Yes																			No	Yes
PANCAKES	Yes				Yes	Yes	Yes																			No	Yes
Bananas (10002199)																										Yes	Yes
Dairy Aerosol Cream (52672)														Yes												No	Yes
Reduced Sugar Pancake (10000656)	Yes						Yes	Yes																		No	Yes
Chocolate Sauce NEW					Yes																					Yes	Yes
FRUIT SALAD																										Yes	Yes
Del Monte Fresh Fruit (52205)																										Yes	Yes
DRINKS																											
APPLE JUICE																										Yes	Yes
ORANGE JUICE																										Yes	Yes
SEMI SKIMMED MILK						Yes																				No	Yes